



Tophphiyaa Malaata Doonaa

Asttamaare Maxaafe

7^{tho} Kifile

Diizaynachchi

» Dn Siisaayi Taagassa



Tophphiyaa P.D.I. Timirtte Ayso

Keso

Kaara

xxxshaye

Gelo----- iii

Shemppo Isso:

Medheta Nasho----- 1

Shemppo nam77a :

Haassi yelo----- 4

Shemppo heedza :

Minjjo Woga;----- 8

Shemppo oydda :

Yooga nayta maataa----- 12

Shemppo Ichchasha :

Souse----- 15

Shemppo usuppuna :

Asappe asakko aadhdiya harggeta----- 18

Shemppo laayppuna:

Echchi Ay Vii /Eedise----- 22

Shemppo hosppuna :

Bolla kifile pacetethi----- 26

Shemppo uddufuna :

Nu deren Erettida artsteta huuphe taarike----- 30

Shemppo tamma :

Ginxo----- 33

Gelo

Timirtteynne oosoysaahettonaba. oosoy timirttey baynnan; timirttey oosoy baynnan qoppida qofaa polanaas danddayettenna. hessa gaanaas nu danddiyaiy timitte oosos sintha kushe ekkiya gishossa hayssi eeson dicciya biitiwnne ubba biita issi gutakko ootha sinthe kaaletanawne hara gadgetara gina woy sintha baanaas timirttey sintha kushe ekes. hayssa qoppidi tophphiya pederaale la77atetha timirtte minist-tirey doomethappe dhoqqa dethaa eqota gaso tamarssso maxaafe; maado miishetanne koshshiyabata aadhida daro laythatn shiishon nu gadiw timirtten daro laythatan hara gadgetara gina tanggana mela mino oosota oothishee gam77is.

Hayssa sintha efanassinne oosota minthanaas timirtte ministtirey ubba wode gade tamarssso wogaa gigisees; koshshida mela kase giigidayssa zaari giigissees. Hessa gisho tophphiyan sissa dandda7na tamaareti amaarathon malaata doonan sissanne haasaya dandda7ennayssata h maxaafe 1thoppe 8 tho kifile gaso tamarishee 2000m.l gaso gam77idosona. 2001m.l ppe 2007 m l gaso tophphiya malaata doonanana gididayssan malaata doona koyiya doonatakkochchanaas malaata doonan qofa laammanaas timirtte qommta koyiya ogera tamarssanas dhube gididi gam77is.

Hessa gisho 7 tho kifile tophphiya malaata doona tamaare maxaafenne asttamaare maxaafey giigishee hayssappe kase giigidayssappe dummatidi giis. Tamaareti tophphiya malaata doonan asttamaareti; tamaareta yela asay; malaata doona birshshiyayssatinne malaata doonan tamaranaw koyiyassati tophphiya malaata doonan tamassonne tamaaro ha maxaafan go7ettana geetettidi erettees.

Ha maxaafe giigetetha ayfe qofay sissa dandda7nna tamaareta mela doona timirtte koshshiya tamaareta hayzo, haasaya; nabbabonne xaafodandda7ay diccana mela. Tophphiya malaata doonay be7o bolla baaso oothiyanne hara doonatadan pidalen xaafettona gisho tamaareti tophphiya malaata doonan qofa laamerettana mela.

Gidoppe attin tophphiya malaata doonay hara mela diccanawne sissa dandda7onna tamaareti tophphiya malaata doonan qofa laameretethan panta timirttiyaya koyida muruuta ehidi gadiw laathiyanne mino yeleta gidana mela asttamaareta aawatethaa keehi daro. hessa gisho asttamaareti kifile gelanaappe sinthe giigetidi; geeshshi gidonnayssa heeran de7ya hara eranchcha oyichchidi tamaareta lothi tarssso koshshees.

Kumetha tamarssso hiillata

Ha Tophphiya malaata doonan tamarsson oosuwa be7orra gaythiyaaba nne ha77i wode muruuta demissiya tamarssso hiilla woy tamaare giddiyaya tamarssso/ student centered / gidiyayssan asttamaareti ha hiillaa go7ettanaas koshshees. Asttamaareti giigiso/ facilitator/ ppe attin ubbabaa panttaw oothiya / dictator/ gidanaw koshshenna. Gidikkoka asttamaareti tamaareta Tophphiya malaata doonan eretethay diccana mela panta eriya ogen giigissana mela naggetteesi. Ha maxaafan qoncciso, kaassa, pana gakkidabaa shiisho, tobbaa, diraama malaata paatethanne nabbabidi ero h.h.m shiishi oyikkidabaa gidiya gisho daroy tamaaro tamarssso woden haniiyay tamarssso kifile gididon kusheton gidees.

Asttamaareti issi shemppuwanne tamarssso wodey lo77o gidana gida tamarssso hilla doorana mela minthethoosona. Gidikkoka ubbaa shiishi oykkiiyayssi kaallidi paatettida tamarssso hiillata ooson peeshshana mela koyettees.

- ◆ Oothi beso
- ◆ Cuga ooso
- ◆ Nam77as tobbana mela; nabbabana mela; oyshonne zaaro shiishshana mela h.h.m hiillan shiiqees.

- ◆ Oyshonne zaaro/qantha oyshatanne zaarota/
- ◆ Diraama/kaassa/
- ◆ Qonccisethi/tamaareti cuga tobban; nam7us tobbanne buzon shiishiya qoncciso gujjidikka asttamariyanne hara shoobettida imathan shiiqiya qoncciso shiishi oykkees/
- ◆ Koyidi demo/ha hiillay potettiyay asttamaariy kaaleson tamaareti issi ooso be7idaappe guye haraa oothana mela maadiya hiilla.
- ◆ Tobbiya qofata

Tamarssonne tamaaro wode gakkanaw dandda7iya metota

Ubba tamaronne tamarso oosuwan gakkiiya dumma dumma metoti gakkooosona. Tamaaro tamarso oosuwan daro wode gakkiiya metotappe tamaareti laythan issi mela gidenna ixo; tamaareti hanida timirtte qommota koshsha dhayo; issi issi mattuma hantanne qohiya wogatara gahettididimedhettiya metoti h.h.m giidishin TMD tamarsonne tamarso oosuwan hayssappe garssan paatethida metoti gakkanaw dandda7oosona.

- ◆ TMD loohida asttamaare dhayo
- ◆ Koshshiya poo7oyenne giiga utoy de7iya kifile dhayo,
- ◆ Hara TMD bagga xaafettida made maxafe dhayo
- ◆ TMD paw kumethi gidikkoka; issi issi wode heeran odettiya doonaa qonccissiya malaata dhayo;
- ◆ TMD imettiya tamarso wodey guutha gideyssi;
- ◆ Issi issi tamaareti haahoppe yeyassinne ubbara atteyssi meto gidanaw dandda7ees.

Cuga medhonne ooson peesho

Sissa dandda7onna tamaareti odettiya doona osoora issippe de7eyssata.daro wod siyenna tamaareti tamarariya timirtte keethatan TMD tamarssiya asttamaareta woy loohida TMD birshshiya asati de7iya timirtte keethi baawa. Gidikkoka TMD tamarssiya timirtte keethati koyiya mela de7enna TMD tamarssiya timirtte keethay tamarariya siyonna tamaareti haahoppe yiyassata. Gidiya gisho issi kifile gidдон 20 ppe garssa tamaareti de7anaw dandda7oosona. Hessa gisho

- ◆ Cugan oothiya wode dumma dumma cugata medho dandda7ana mela cugaa yarati heedzappe aad-hennaako lo77o
- ◆ Timirtte shishoy ubbaa giddoyiya tamarso hiillan tamarssiya gidikko cugaa medhdhiya wode siyonna tamaareta odettiya doona siyiya tamaaretara darotethaadan gina cugatana mala udo
- ◆ Haratappe lo77o malaata doonaa dandda7iya tamaare cugaa kaappo giididi harata tobbissana mela udo.
- ◆ Cugan qonccisonne tobbi shiishiya bessan ubba tamaareti kushettana mela udo.
- ◆ Cugaa tobbi gatiya kifile tamaaretas shiishiya wode hanida tamaareta kanchche be7iyaba gidonnaashin ubbaas gina qaada imon kushettana mela udo.

Tamarso maado miishshata

Hayssappe qommon qonccida mela TMD be7o bolla baaso oothiya gisho qonccisoppe aadhdhidi oothi beso bolla loythi oosethees. Hessa gisho TMD tamarssos lo77o maado miishsheta TMD si7on tamaareta gidikko doorettees. He asata ehanaw koshshees. Gujjdikka TMD tamarso ooson tamaaro tamarso oosuw was maaddana giya miishsheta kaalleysata.

- ◆ Biido hayzo
- ◆ Dumma dumma pilmmeta, diraamata/ sissa dandda7onna asatan oosettida gidikko lo77o/Films and Drama/
- ◆ Kompiitere timirtte keethan ICT go7ettanaw dandda7ettees
- ◆ Chartte
- ◆ Dumma dumma misileta
- ◆ Karttata

Minthetho

Minthetho geyssi tamaareti oyshettida oysha suure zaarishin; imettida cuga oosota kothe nne buzo oosota maarara oothishin soo oosotanne kifile oosota koshshiya mela oothi shiishikko h.h.m qaalan minthethoppe doomidi dumma dumma woytota imo.

Kifile gidдон asttamaariyappe shiiqiya qaala minthetho tamaareti sinthappe loythi oothana mela denthethiya baa gidiya gishossa. Hara minthethoti koshshiya mela timirttiyas laythappe baggan laytha wursethan tamaaretas imettanaw dandda7ees.

Muruuta imo woga

Asttamaareti tamaaretas muruuta wodera erissanaw nne zaaro immanaw koshshees. Asttamaareti paace kessiya wode damaareti yayonnan oothana mela keso koshshees. Asttamaareti go7ettanaw dandda7iya qaala minthethota gidlope keehi daro lo77o, daro lo77o, lo77o, zambbo hayssara sintha ba h.h.m gidishin gaanaw koshshennabay qooqey, gelennayssi nena tamarsoy shuchcha bolla haatha qolethi, boozay, qofi baynnayssi h.h.m gishee tamaareta kahaa qohanaw koshshenna.

Biradhdhe pidale go7etetha kalooda

Alamen de7iya ubba malaata doonaa biradhdhe pidale go7etethay meezetidabaa gidishin go7etethay kushe hashera gina oothidi nabbabanaw dandda7ettiya eesotethan koyidaba suntha xaafona biradhdhe pideley malaata doonaas maadiyaaba. Gidikkoka qofanne si7ettiyaaba kushe biradhdhen qonccisse guussi gidenna.

Biradhe pidaleti qoonccissiya sunthi baynna siyettiyaabati bessanne buzo sunthati abba shaata katama, cimmo haathati(proper nouns) issi issi wora do7atanne soo meheta sonthati h.h.m de7ees.biradhdhe pidaleta maxaafe gidдон go7ettishin biradhe pidale gideyssa eranaas issi issi pidaliya gidдон(-) malaata go7etetha koshshees.

Mallas “Ras-daashine zooze” gaanaas koyikko Ras Dashin giyaa taraa qonccissiya malaati baynnaba gidiya gisho R-a-d-a-sh-i-n gidi xaafishin biradhe pidalen qonccissida mela akeekannas dandda7esttees.

Meega qofa medho hanotaa

Tamaare maxaafe gidдон dumma dumma meezeti de7oosona. Hayssatappe issoy tamaareti meega qofata oothana mela ootheyssa thelappe doomidi sissa dandda7onna tamaareti suure gidida qawosa wogaa naagida Amaarathon meega qafan medhdhanaw dandda7ennan ixzanaw dandda7oosona. Ha meezeta sintha qofay sissia dandda7onna tamaareti TMD qonccissiya qofati maxaafen waanidi qonccissiyaako meezeyannassa. Hanikkoka Amaaratho qawosa wogan aadho meega qofati malaatata qoncciso bolla loythi xeelon minthethoosona.

Nibaabaeppe sintha oyshata

Tamaare maxaafen ubba shemppotan-nibaabeppe sintha oyshata ayfe qofan tamaareti shemppuwa bol-la de7iya eretethaa be7anaasinne kifile gidдон gina qaaxan mela minthethossa gidikkoka dandda7ida mela ubba tamaareti koshettana mela qaada imon tamarssو tamaare giddoyiya tamarssو hiillan / student centered/ gidana mela oothite.

Yiggi xeelo

Issi issi tamarssو woddeppe guye asttamaareti tamaareta yiggi be7o koshshees. Tamaareta yiggi be7et-tanaas go7ettana hiillati kaalerettiya paace paace asttamaareti tamaareta ubba wode paacci be7on suure muruuta demmana mela maaddees. Hanikkoka asttamaareti tamaareta era mela yiggi be7o hiillata ooson peeshshana oothoosona.

- ◆ Kifile qaaxon
- ◆ Diraaman /kaasan suure kiitaa
- ◆ Shiiqida nibaabiyanne qonccisuwa qofa akeekiyssan,
- ◆ Malaatata suure paateyssan,
- ◆ TMD suure go7eteysan
- ◆ Cugan nam77us; buzon oothiya ooson loythi kushetteysa
- ◆ Soo oosonne kifile ooso wodera ootheyssa yiggi xeellanaas koshshees.

Yiggi xeelo hiillaa

Malaata oyshata/hara odettiya doonan qaala oysha geysa

- ◆ Si77i gidi paacci pe7o/tamaaretas paccey deysa odennan
- ◆ Cuga ooson
- ◆ Soo ooson
- ◆ Kifile ooson
- ◆ Bagga laytha paacen
- ◆ Kuushsha paacen

Kifile tamarssو wode darotetha

Daro sissa dandda7onna tamaareti tamaariya timirtte keethati 1tho detha (5tho ppe 8tho) timirtte kifiletan TMD maadettida kumetha tamarssو wodiya darotethay saaminttan nam77u toho giddes. Hayssa qop-pidi issi issi shemppotan 8 kifile tamarssو woden tamarssana mela oosonne issi issi tamarssو woden 45 daqiiqata oykkees.

SHEMPPO ISSO

MEDHETA NASHO

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Medheta aybatetha Tophphiya malaata doonan qonccisana
- » Medheta aybatetha Tophphiya malaata doonan tobbana
- » Tophphiya gidдон beettiya kareppe asa yidi be7ana mela de7iya medheta shalota paatana;
- » Medhetabaa qonccissiya nibaabiya nabaabidi ayfe qofata Tophphiya malaata doonaa go7ettethan malaatan qawosa wogaa naagidi meega qofa medhdhana;
- » Medheta nashora gohettiya malaatata paatana ;

MAADO MIISHETA

Ha shemppuwa tamarssanas asttamaareti karttata, pootota duma duma Tophphiya malaata doonan loohida asata go7ettanas koshshees.

Timirtte shaaho Isso:

Ha timirtte shaahuwan tamaareti medheta nashora gahettethi de7iya malaatata meezetiyaba. ha timirtte shaahuwan tamaareti shemppo issuwan shiiqida malaatatanne hara eriya medhetan kareppe asi yidi be7ana mela lo77iyaabata nne medheta haniyabata qonccissiya malaatata meeze-

tana mela oothite. Malaatata bessiya wode malaata kushiya medho, qaaqay simmiyaaso, kushe medho medhoy shemppiya bessa, kushe qaatha nne bolla qaathaa loythidi kaallite.

Timirtte shaaho nam77a: Hayzo /be7o/

Nibaabiya sintha oyshata medhetabaa kase de7iya eraa oysha koshshees. nibaabiya sintha oyshata zaaroy nibaabiya appenne duma duma shemppuwa shaahotan de7iya gisho oyshatan tamaareti eriyanne melatiyssa zaarana mela qaada immikko lo77o.

Tamaareti malaliya medheta shalobay shiiqida duma duma xuufeta nabaabidi Tophphiya malaata doonara nabbabana melanne shiiqida oyshata malaata doonan zaarana mela ooso koshshees.

Meeze Issuwappe naagettiya zaarota

1. Nibaabiya gidдон qonccida haatha shaahoti oydda gidishin entikka xaana abba, Abba shaafa, Hawaassa abba Gefeessa abba.
2. Abba shaafayne xaana abba Tophphiya gidдон Amaara kililen beettees.
3. Ras Dashine Zooziya bolla de7iya medosati claadda geleshsho, Zo7o wor-kana, waaliya, shenaama mahe, qacine, mahe, wora hare, duma duma kafota h.h.m de7oosona.
4. Dugehaa Tophphiya gidдон beettiya malaliya medheta shaloti :Hawaassa abba, xiya tossa shuchcha.
5. Afaare kililen beettiya Alamen keehi daro malaliya pentto/tama ciimo haatha Ertele geettees.

6. Ras Dashine zumay Tophphiya gidдон Amaara Kililen beetees.

Meeze Nam77appe naagettiya zaarota

1. Biradhdhe pidale xuufen bessiya dumma dumma pidale gidдон walaka malaata (-) wosona Malla:
 - ◆ Taani kabbada geetetays. Taani K-a-b-b-a-d-a geetettays
 - ◆ Ta ishay aadhdhida woden Ras Dashine zooziya be7is. Ta ishay aadhdhida woden R-a-s -D-a-sh-n-e zooziya be7is.
2. Malaata doonaninne Amaaratho doonaa gidдон de7iya dummatetha malaata doona kushe sintha bolla qaathan qonccissiyaba gidishin Amaaratho doonan qassi malatappe hara doonan odethiyssa.
3. Malaata doonanne Amaaratho doona gidдон de7iya issipetethay nam77aykka pantta qawosa wogi de7iyaaba gideyssaninne nu qofa qonccisanas maadiyabaa gideyssan issi mela
4. Malaata doonaa ubbay malaata guutha shaahota /parameters/ baaso gidida birshetha dummatetha ehanaw dandda7ees. Mallas:ayo giya malaatanne aawa giya malaata oothanas kushen de7iya dummatethay kushe medhoy shemppiya besaana. Awa giya malaata oothanas kushe medhoy som77uwan gidishin aayo giyama-latay gacuwana besettees.

Meeze Heedzan naagettiya zaarota

Asttamaarey ha meeziyan naagettiya imettida malaatata qonccissiya qaalata go7ettidi panta meega qofa oothana mela minthetho koshshees.

Meeze Oyddan naagettiya zaarota

1. Zooze

Kushe medho:-

Nam77u kushiyan “S” nne “□”

Kushey simmiyaso:-

Haddirssakko

Kushe medhoy shemppiya besa:-

Hashen

Kushe qaatha: ushachcha “S” kushiya haddirssa “S”kushiya zokko bolla gathidi dugekko ooso ubba kushiyakka miccidi medho

Bolla/sintha/ qaatha:-

ayfey haddirssappe ushachchakko xeellees.

2. Ciimmo haatha

Kushe medho:-

Haddirssa kushiyan“7”paydo ushachchan qassi

Kushey simmiyaso: -

Haddirssay ushachchakko ushachchay qassi dugekko

Kushe medhoy shemppiya besa:-

ulora gina

Kushe qaatha:-

Haddirssa kushiya miyera wobissidi ushachcha kushe biradhdheta gaathishee malliya biradhdhiya baggara haddirssa kushiya qaaqabosho.

Bolla/sintha/ qaatha:-
qaaxxenna

3. Waaliya

Kushe medho:-

nam77u kushen “□”

Kushey simmiyaso:-

giddokko

Kushe medhoy shemppiya besa:-

Nam77u kusheta huuphe woso

Kushe qaatha:-

Huupheppe denthidi pude ooon hashiya guye ooso.

Bolla/sintha/ qaatha:-
qaaxxenna

4. Wor-Kana

Kushe medho:-

Issi kushen

Kushey simmiyaso:-

karekko

Kushe medhoy shemppiya besa:-

Sidhen

Kushe qaatha:-

Sidhiya malliya biradhdheranne adde biradh-
dhiya giddo gelissidi yuusho.

Bolla/sintha/ qaatha:-
qaaxxenna

5. **Zanggaara**

Kushe medho:-

Nam77u kushe

Kushey simmiyas:-

Ushachchay ushachchakko Haddirssay had-
dirssakko.

Kushe medhoy shemppiya besa:-
ulora gina

Kushe qaatha:-

Nam77u kushey n yeddidi ollayo .

Bolla/sintha/ qaatha:-
qaaxxenna

6. **Biittappe dhuuqqi keyiya tama**

Kushe medho:-

Nam77u kushen“0” nne “5”

Kushey simmiyas:-
pudekko

Kushe medhoy shemppiya besa:-

Tirara gina

Kushe qaatha: Nam77u kushey gappa oothidi
“0” othidi pude shiridi qaaqa giddokko udon
“5” paydo medho.

Bolla/sintha/ qaatha:-
shakala gambuxo.

7. **Haathan teqettida gade**

Kushe medho: Nam77u kushen

Kushey simmiyas: pude

Kushe medhoy shemppiya besa: ulora gina

Kushe qaatha: Nam77u kusheta uluwara gina
oothidi qesiya wadhdhiya mela oothidi ulu-
wakko nam77u kusheta gerto medho .

Bolla/sintha/ qaatha: qaaxxenna

8. **Dembba**

Kushe medho:-

Nam77u kushen“S” nne

Kushey simmiyas:-

duge

Kushe medhoy shemppiya besa:-

Tirara gina

Kushe qaatha: Ushachcha “S” kushe haddirs-
san “S” kushe zokko bolla shocidi micethi /
ooso/

Bolla/sintha/ qaatha:-
qaaxxenna

9. **Gelesho**

Kushe medho:-

Nam77u kushe “S”

Kushey simmiyas:-
giddokko

Kushe medhoy shemppiya besa:-
tiran

Kushe qaatha: -

Maaran maaran tiraa shochocha.

Bolla/sintha/ qaatha: -

Inxxarssa qommo metersha giddo gelissidi
qommo metersha sintha dafo.

Timirtte shaaho Oydda: Nabbabidi ero

Ha timirttiyan tamaareti nibaabe suure nab-
babiyyakko asttamaarey kaallana. Tamaareti suure
nabbabana mela maade immana.

Meeze Ichashsha: cuga tobba

Tamaareti nibbabiyyappe demmidaanne suure gidi
ammanettiya cuga tobba shiisho danda7ettees.
He wode suure malaata doona go7ettidayssanne
suure kiitaa aatheyyssa kaallosona.

SHEMPPO NAM77A

HAASSI YELO

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Haassi yelo aybatethanne denddo qofa Tophphiya malaata doonan qonccissana;
- » Hassi yelo huuphen /buzon/ gade dethas immiya go77a qonccissana
- » Haassi yeloy gades immiya go7aa paatti odana;
- » Haassi yelo giya huuphe qofaa bolla palama wogaa naagi palamana;
- » Yelos sintha qofa aybatethanne huuphe qofa geeshshi odana;
- » Keetha asay sintha qofan kessonnan yelo yelettiya nayta payatetha metota Tophphiya malaata doonan paattana;
- » Yelos sintha qofa kesoy aayeessinne na7as pashkkatetha immiya maadiya qonccissoona;
- » Haassi yelo sintha qofa kesoy gade dichchaasinne ooso de7iya maadiya bolla tobbana;
- » Haassi yelora gahettiya /matiya malaata doona go7ettidi malaata doonan qawosa woga naagidi meega qofamedhdhoosona;
- » Haassi yelora issipetethi de7iya malaatata paatana.

Ha shaaho timirttey tamaareti keetha asa haassi yelora gahettiya malaata meezetiyaba. Ha timirtte shaahon tamaareti shemppuwan shiiqida malaatanne hara eriyabata haassi yelo qonccissiya malaata eranna mela oothoosona. Malaata bessiya wode malaata kushe medhuwa , kushey simmiyaaso, kushe medhoy shemppiyaaso, kushe qaatha, sinthanne bolla qaatha koyida mela kaaloosona.

Timirtte shaaho Issa: Ayfe Malaatata

Nibbabiyyappe sintha

Nibbabiyyappe sintha oyshata tamaareta eriya zaaro immana mela qaada imo. Nibbabiyyappe sintha shiishida oyshatas zaaro shemppuwappe demmiya gisho tamaareti ubbay shemppuwa akeekan kaallana mela ooso.

Nibbabiyyappe sintha zaaro koyiya oyshata

1. Keetha asa guussay issi keetha gidon de7iya aawa, aayo, isha, michcho, aawa/aayi isha, aawa/aayi micho, isha na7a, michchi na7a h.h.m
2. Haassi yelo guussi yelettiya nayta keetha asaas de7iya demishaarenne aayiya yelanaw danda7iya hanotaara be7idi yelo guussi
3. Issi keetha asi yelanaw koshshiyay nayta payduwa keetha asaa demishaaranne aayiya yelanaw de7iya wolqqaara gathi qofa koshshees. Gaasoykka: keetha asaa lo7etethas koshshiyay nayta darotetha kanchche gidenna. Keetha asaa

demishanne aaye hanota be7ettanas koshshees. haray qassi nayta payatethay be7ettanas koshshees.

4. Haassi yeloy gade dichchas gita maade immees. Gaasoykka gade guussi keetha asaa gujeta guussi. Keetha asay koshshiya mela yelettenna ixkikko lo77o timirtte, payatetha maadiya, giiga quma h.h.m demmanas dandda7ettenna.

Meeze Issuwan naagettiya zaarota

1. Keetha asa sintha qofa guussi dumma dumma gade meezetida medhetan woy asi oothida wodetha teqetha ogeta go7ettidi paw de7iya asati woy azinara machchita yelidi dichchanas koyiyanne dandda7iya na7a darotetha hessappe aadhdhidi yelanaw koyiya wode panttaw qoppidi kumetha keetha asa lo77o duussa daana mela sintha qofa keso guussi.
2. Alame payatetha eqoti keetha asa sintha qofa paattida ogeta giddoppe:
 - ◆ Koyettenna wodetha teqethanne koyiya wode-tha wodexxana mela udo
 - ◆ Yelanaw koyiya nayta darotetha eronne maaran yelettiya nayta gidдон koshshiya wode dummatetha / laytha dummatetha / sintha qofa keso.
 - ◆ Yelanaw koyiya nayta darotetha erididi wogara dichchidi lo77o detha gathanayssa keetha asaa demishaaranne de7iya wolqqaara akeeki be8onne
 - ◆ Yelanas sintha qofa keso
3. Kumethan xeellishin keetha asaa sintha qofa loythi koyettida heedzu aaye qofati:
 - ◆ Aayenne na7a payatetha naagossa;
 - ◆ Dere asa paydo darotetha teqqanaasa;
 - ◆ Asas imettida maata naaganaassa;
4. Keetha asaa sintha qofay dere asaa paydo shaakkitetha teqqanas gita maade immes. Gaasoykka issi issi keetha asay pantta son yelettiya nayta keenaa erikko gadiya koyiya asaa darotetha demmanas maaddees.
5. Keetha asa sintha qofa kanchchey gadessinne keetha asa dichchas maaddenna. Gaasoykka keetha asa sintha qofi gades ooso oyqettidabataranne wogatara issippe ooso koshshees.

Timirtte shaaho heedza: Haasaya /Qonccisetha/

Meeze Nam77appe naagettiya zaarota

1. Tophphiyaa gidдон wodetha nne na7a yelo hanora gahettiya meton 100,000/xeetu sha77u nayta shemppora yeliya aayotappe 871/hosp-pun xeetanne laappun tammanne Issi aayoti hayqoosona.
2. Wodethanne yelo wode maccati hayqos gakiya hanotati yela keetha suuntha/yelanaape sintha suutha woy yelidaappe guye daro yela keetha darosuutha gogetha, yeletappe 6tho saaminttan de7iya iitatetha hessati medhdhettees.
3. Dichcha bolla de7iya biittatan hayqqiya aayota giddoppe 100 ppe 50 % gidayssati wodethanne yelora gahettiyaaban hayqoosona.
4. Tophphiyaa gelo-ekos keyida gade wogaymaccati azina 15 ppe bolla gidishin gelana mela odettees.
5. Nibbabiya qofaaadan maccati na7a yeliyay 15-49 laytha gidдона.
6. Xaala, ufayttiya paya na7a yelanas keetha asa sintha qofa asaa qofa tamarssonne disho koshshees.
7. Asi buzon gidin soo asay na7a yelanas koyikko koyro bolla kifile, kaha qofa, issippetethanne ikkonnoome giigetetha h.h.m koshshiyabaa giigissanas koshshees. hessappe aadhdhidi yelana nayta darotethanne awude yelanaas koyiyaakko koyrottidi giigiso koshshees.
8. Aayota payatetha naagidi gade laathiya lo77o yeleta ayfana mela aayoti haassidi yelo koshshees. Gujjidikka qopponnan gakkiiya wode-tha kesoy medhettinna mela, wodetha wodenne xantha xanttiya wode koshshiya giiga quma maanaas koshshees.

Meeze Heedzappe naagettiya zaarota

Astamaarey ha meeziyan tamaareti immida maalaatata qonccissiya qaalata go7ettidi pantta meega qofa medhdhana mela qaada immidi minthetho koshshees.

Meeze Oyddappe naagettiya zaarota

1. *Wodetha keso:*

Kushe medho:

Haddirssa kushiya“5” ushachcha qasi baari mela ooso.

Kushey simmiyaso:

Haddirssa kushey dugekko ushachchay pu-dekko

Kushe medhoy shemppiya bessa:

Ulo bolla

Kushe qaatha:

Ushachcha barisiya kushey/biradhdhey haddirssa qaaqa bochchidi dugekko goochchiya mela oothidi wodhisethi

Bolla/sintha/ qaatha:

qaaxxenna

2. *Yelo:*

Kushe medho:

Nam77u kushen dakkotida

Kushey simmiyaso:

dugekko

Kushe medhoy shemppiya bessa:

Ulo bolla

Kushe qaatha: Nam77u kusheti issuwa isuwa bolla wothidi ulo bolla wothidappe guye ushachcha kush dugekko wodhisetha

Bolla/sintha/ qaatha:

qaaxxenna

3. *Payatetha:*

Kushe medho:

Nam77u kushe woy “9”paydo medho

Kushey simmiyaso:

Giddokko

Kushe medhoy shemppiya bessa:

Hashe bolla

Kushe qaatha:

Malliya biradhdheranne adde biradhdhera hashe bochchidi sinthakko efo.

Bolla/sintha/ qaatha:

qaaxxenna

4. *Daro asa:*

Kushe medho:

Nam77u kushen

Kushey simmiyaso:

Gina

Kushe medhoy shemppiya bessa:

Tirara gina /tira sintha/

Kushe qaatha:

Nam77uKushe maaran maaran pudenne duge pudenne duge ooso.

Bolla/sintha/ qaatha:

qaaxxenna

5. *Wodetha :*

Kushe medho:

Nam77u kushen dakkotida

Kushey simmiyaso:

Giddokko

Kushe medhoy shemppiya bessa:

Tiraa gina

Kushe qaatha:

Nam77u kusheta ulo bolla wothidi gina sinthanne guye sugetha

Bolla/sintha/ qaatha:

Shakalaa gambbuxo.

6. *Teqetha*

Kushe medho:

Nam77u kushen“S”

Kushey simmiyaso:

dugekko

Kushe medhoy shemppiya bessa:

haddirssa hashiyaara gina

Kushe qaatha:

Nam77u “S” kushetawol-gathidi dugekko sugetha

Bolla/sintha/ qaatha:

som77o tukettees.

7. Suuxethi :

Kushe medho:

Nam77u kushen“5” paydo

Kushey simmiyasoo:

giddokko

Kushe medhoy shemppiya bessa:

Siidhe bolla

Kushe qaatha:

Nam77u kusheta siidhe bolla wothidi ush-
achcha kushiya haddirssaa kushiya zokko
baggara biradheta qaathishee dugekko ooso.

Bolla/sintha/ qaatha:

qaaxxenna

8. Hargge:

Kushe medho:

Issi kushera“5” paydo

Kushey simmiyasoo:

Haddirssakko

Kushe medhoy shemppiya bessa:

Miyera som7uwan

Kushe qaatha:

giddo biradhiya miyera som77uwa bochchidi
yuusho.

Bolla/sintha/ qaatha:

sintha iiso

9. Ikkonoome:

Kushe medho:

Haddirssa kushe ushachcha qassi “E”

Kushey simmiyasoo:

pudekko

Kushe medhoy shemppiya bessa:

Tiraara gina/tiraa gina/

Kushe qaatha:

Haddirssa kushiya qaaqay ushachcha “E”
kushe zookko bolla xaathi.

Bolla/sintha/ qaatha:

qaaxxenna

10. Issipetetha

Kushe medho:

Nam77u kushen woy “9” paydo

Kushey simmiyasoo:

karekko

Kushe medhoy shemppiya bessa:

Tirara gina /Tiraa sinthan/

Kushe qaatha:

Nam77u kusheti adde biradhdheranne mall-
iya biradhdhera wolira gasethidi qaaso/
yuusho/

Bolla/sintha/ qaatha:

qaaxxenna

Tobba cachchata

Tamaareti heedzus heedzus gididi tobbidaappe
guye hintte tobbaa ayfe qofa cugaa kaappoy kifile
tamaaretas malaata doonan shiishana mela oothite.

SHEMPPO HEEDZA

MINJJO WOGAA

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Minjjo woga aybatetha Tophphiya malaata doonan qonccissana;
- » Minjjo woga ays koshshiyakko odana;
- » Minjjo woga go7aa malaata doonan paati odana;
- » Ay minjjanaw koshshiyakko paati odana gujjikka minjjo qommota shaakki erana;
- » Minjjoy buzon,keetha aasinne gade dichchaas ay maade immiyaakko paatti odana;
- » Minjjo wogara gahettiya malaatata go7ettidi Tophphiya malaata doonan qawosa wogaa naagdi meega qofa medhdhana;
- » Minjjora gahetethi de7iya malaatata paatana;

Timirtte shaaho Isso:

Ha timirtte shahuwan tamaareti minjjo wogara gahetethi de7iya malaatata meezetiyaba. Ha timirtte shaahon tamaareti shemppo heedzan shiiqida malaatatanne hara eriyaabata minjjo qoncciya malaata meezetana mela oothite. Malaata bessiya wode malliya kushe medhuwa kushey simmiyaaso, kushe medhoy shemppiyaso, kushe qaatha, sinthanne bolla qaatha loythi kaallite.

Timirtte shaaho Nam77a:
Hayzo/be7o/

Nibbabiyaappe sinthe

Nibaabiyaappe sintha oyshatas zaaro nibaabiyaappe demmiya gishonne tamaareti ha timirtte shaahuwas zaariya gisho nibaabiyaappe sintha oyshata eriyanne melatiyayssa zaarana mela qaada imo koshshees.

Meeze Issoppe naagettiya zaarota

1. Bira minjjoy ha7i wode duussa hiilla giya gaasoy bira minjjiya asi oonukka xeelonnashin metootettenan biraa koyida mela oothana dandda7ees.
- ◆ Ha7i wode minjjo hiilla mino bagga
 - ◆ Bira koyida wode woso dandda7ees.
 - ◆ Bira koyida wode koyida soo yeddanas dandda7ees.
 - ◆ Guja/yelo/ demmees.
 - ◆ Kaysoy maanaw dandda7enna
 - ◆ Gade wogan minjjo wogaa mino bagga
 - ◆ Asaa issipetetha gahetetha medhdhees.
 - ◆ Lo77onne iita wode maaddees.
 - ◆ Dere asaa gade wode dichchees.
 - ◆ Dere asaa meto tobbidi birshanas maaddees.
 - ◆ Ha77i wode minjjo daabura bagga

kushe zokko bolla wothidi pude micethi

Bolla/sintha/ qaatha:

qaaxxenna

5. **Shalo:**

Kushe medho:

Nam77u kushen guuthara dakkoyidi “5” paydo

Kushey simmiyasoo:

Nam77u kusheykka pude simmees.

Kushe medhoy shemppiya bessa:

tiraara gina

Kushe qaatha: ushachcha “5” paydo kushey haddirssa kushe qaaqa bolla wothidi pude dhoqqu ooso.

Bolla/sintha/ qaatha: qaaxxenna

6. **Miisha/bira/**

Kushe medho: Nam77u kushetan

Kushey simmiyasoo:

Nam77u kushyankka pudekko

Kushe medhoy shemppiya bessa:

Haddirssa kushiya qaaqa bolla

Kushe qaatha:

Haddirssa kushiya kushe qaaqa ”kushe zokkuwan woso

Bolla/sintha/ qaatha:

qaaxxenna

7. **Qaada:**

Kushe medho:

Nam77u kushen

Kushey simmiyasoo:

Nam77u kushey pude simmees.

Kushe medhoy shemppiya bessa:

Tiraraa gina

Kushe qaatha:

nam77u kusheti guutha/gil77a biradhdhiya baggara gathidi yuusho

Bolla/sintha/ qaatha:

qaaxxenna

8. **Kayso:**

Kushe medho:

Ushachcha kushen “2” paydo

Kushey simmiyasoo:

Giddokko

Kushe medhoy shemppiya bessa:

haddirssa qessiya baggara

Kushe qaatha:

Ushachchca “2” paydo kushey haddirssa kushe qese bolla wothidi ushachchakko gooshon

Bolla/sintha/ qaatha:

sintha iiso

9. **Yelo:**

Yelo guussi bankke son wothida miishi bolla bankke soy gujjiya miisha gideyssen biranne guja giya nam77u malaatata go7etetha koshshees.

10. **Demisha:**

Kushe medho:

ushachcha kushe guuthara “5” paydo

Kushey simmiyasoo: giddokko

Kushe medhoy shemppiya bessa:

haddirssa shophu giddo/haddirssa miyan/

Kushe qaatha:

Ushachcha guuthara kushe haddirssa shophu giddo geliso

Bolla/sintha/ qaatha:

qaaxxenna.

Meeze Ichchashan naagettiya zaarota

Tamaareti dumma dumma gelo hanotay de7iya malaata doonan meega qofa oothanaw dandda7oosona. Hayssappe garssan imettida zaarotas maade gidana gidi qofettes/amanettes/.

1. **Eko**

- ◆ Afiraamey imatha ekkis. /Hayssan mokkis/ moka giya malaata go7ettanas dandda7ettes.
- ◆ Toolli ishaya yeddida biraa ekkis. /Hayssan eko giya malaata go7ettanas dandda7ettes.

2. Keso

- ◆ Miisha /bira / gaasoy baynnan kesoy lo77o gidenna. /Hayssan keso giya malaata go7ettanas koshshees.
- ◆ Kifile wacamiya tamaareta kare keso koshshees. /Hayssan keso giya malaata go7ettanas koshshees.

3. Yelo

- ◆ Ta aawa ishaa na7ay poolise. /Hayssan wataadare giya malaata go7ettanas dandda7ettees.
- ◆ Bankke keethan uttida biri yelo demissees. /Hayssan guja giya malaata go7ettanas dandda7ettees.

4. Dhayo

- ◆ Daro lakkaytoti gadiya yeggidi hara gade boosona. /Hayssan buussa giya malaata go7ettanas dandda7ettees.
- ◆ Abba zeeroy wurishin korintte dhayo metoy kichchana. /Hayssan korintte giya malaata go7ettanas dandda7ettees.

5. Woso

- ◆ Miishe wosoy daro lo77o. /Hayssan minjja giya malaata go7ettanas dandda7ettees.
- ◆ Tamaariya dawutaranne maxaafa lo7oo bessan woso koshshees. /Hayssan utetha giya malaata go7ettanas dandda7ettees.

Meeze Usuppunan naagettiya zaarota

Tamaareti dumma dumma peshotappe yelettanans dandda7ees. Hayssappe garssan imettida zaaroti maaddiyaba gidana geetettidi amanettes.

1. Maade

Maaddis / I nne maade giya malaatata ooso/; maadasu / Iya nne maade giya malaatata medho/ ooso//; maaddiya / maade giyayssanne suntha malliya woy maaddiya ase bessi maalatata medho/; maaddidosona/ enttani nne maade giya malaatata medho/; maaddawsu/ Iyo, sinthappe nne maade giya malaatata medho/ maadana/ entti nne maade giya malaatata zaari zaari medho/ maaddana /nu, sintha nne maade giya malaatata zaari zaari medho/

2. Eko

Ekkis /I nne eko giya malaatata medho/ ekkasu/ Iyo nne eko giya malaatata medho/; ekkiya asa/ eko giya nne suntha malliya woy oothiya malaatata medho/; ekkidosona / entta nne eko giya malaatata medho/; ekkana/ Iyo, sinthappe nne eko giya malaatata zaari zaari medho/; ekkana / nuuni nne eko giya malaatata zaari zaari medho/

3. Shamo

Shammis/I nne shamo giya malaatata medho/; shammasu/ Iyo nne shamo giya malaatata medho/; shammiya asa / shamo giyayssanne suntha malliya woy oothiya /poliya/ malaatata medho/; shammidosona/ entta nne shamo giya malaatata medho/; Iya shammana /Iyo nne shamo giya malaatata medho/; shamoosona/entta nne shinthappe nne shamo giya malaatata zaari zaari medho/; shaamana /nu; shinthappe nne shamo giya malaatata zaari zaari medho/

4. Bauzo

bayzis/ I nne bayzo giya malaatata medho/; bayzasu /Iyo nne bayzo giya malaatata medho/; bayziya asa / bayzo giya suntha malliya woy oothiya / poliya/ malaatata medho/; bayzidosona /entta nne bayzo giya malaatata medho/; Iya bayzana /Iyo, sinthappe nne byzo giya malaatata medho/; entti bayzana / entta, sinthappe nne bayzo giya malaatata zaari zaari medho/

5. Eho

Ehis/I nne eho giya malaatata medho/; ehasu/Iya nne eho giya malaatata medho/; ehiya asa /eho giyayssanne suntha malliya /malaatiya/ woy oothiya /poliya/ malaatata medho/; ehidosona /enttanne eho giya malaatata medho/; Iya ehana/Iya, sinthappe nne eho giya malaatata medho/; entti ehana/ entta, sunthappenne ehana /nu, sinthappe nne ehana giya malaatata zaari zaari medho/.

SHEMPPO OYDDA

YOOGA NAYTA MAATATA

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Yooga nayta maatata aybatetha Tophphiya malaata doonan qonccissana;
- » Yooga nayta maatata bonchon de7iya maadiya paatidi odana;
- » Yooga nayta maatata qonccissiya kawo menthota shaakkana
- » Yooga nayta maata melatissidi timirtte im-miya kaassa /dirama/ shiishana;
- » Yooga nayta maatata gahethi de7iya malaatata go7ettidi Tophphiya malaata doonan qawosa wogaa naagidi meega qofa oothana;
- » Yooga nayta maatata gahetethi de7iya malaatata paattana.

Timirtte shaaho Issa

Ha timirtte shaahuwan tamaareti yoga nayta maatata gahetethi de7iya malaatata meezetana. Ha timirtte shaahuwan tamaareti shemppo Issuwan shiiqida malaatanne hara eriyaabata nayta maata qonccissiya malaatata meezetana mela oothite. Malaata bessiya wode malaata besiya kushe medho, kushe qaaqay simmiyas, kushe medhoy shemppiyaso, kushe qaatha, sinthanne bolla qaatha loythi kaallite.

Timirtte shaaho Nam77a:
Hayzo/be7o/

Meeze Issuwan naagettiya zaarota

Tamaare maxaafa gidдон shiiqida yooga nayta mataatata qonccissiya nibaabe issippe nabbabidi tamaareta maxaafan shiiqida oyshata tamaareti Tophphiya malaata doonan zaarana minthetho koshshees.

1. Yooga nayta tamaaro, haasaya, bessappe bessa qaaxo, yeleta mazggaba warqqate eko h.h.m maatati de7oosona.
2. Yooga nayta baaso gidida matati medho/bolla/gakkiya maati tamarana maati de7ees.
3. Yooga nayta maatata bonchchoy dhayonna mela entta wolqqaa wogi baynna oggera go7et-tenna mela naaqoy baynna tamarana mela xaalanne gade laathiya lo77o yeleta gidana mela oothees.
4. Nibabiya gidдон malettida mela Yooga nayti pantta qofaa qonccissanaw dandda7iya ogeti odetetha xaafoninne misilona.
5. 18 ppe garssa laythay gidida Yooga nayta.
6. Yooga nayti pantta maata gujjidi yela asaa bonchcho, timirtte keetha gidдон asttamaareta bonchcho, timirtte wode kifilen beeso, tamarariya miisheta wogara oytha h.h.m
7. Nibaabiya gidдон qonccida Yooga nayta maatati gujjidi sissa metoy de7iya Yooga nayti malaata doonan qofa laameretetha, malaata doonan loohida birshiya asa demmanayssi/go7ettanayssi/ enttas maati de7ees.

Meeze Nam77an naagettiya zaarota

Ha timirtte shaahuwan tamaareti Ichchashu cgatan shaahettidi tobbana mela oothite. Cugan tobbiya wode ubba tamareti gina kushettan loothana mela oothite. Kaallidi cugan kaappoy tobbaa ayfe qofata kifile tamaaretas shiishana mela oothite. Ha tobbaa sinthan keyidi maatata go7etata go7etethanne tobbaa ayfe qofa tamaaretas qonccissana mela loythi kallite.

Timirtte shaaho Heedza:**Meeze Heedzan naagettiya zaarota**

Asttamaare ha meeziyan tamaaretti immida malaatata qonccissiya qaalata go7ettidi pantaw meega qofa medhdhana mela minthetho koshshees.

Meeze Oyddan naagettiya zaarota**1. On77eso:**

Kushe medho:

Ushachchan baarssiya malaata haddirssa qassi

Kushey simmiyaso:

Ushachchay pude, haddirssay duge

Kushe medhoy shemppiya bessa:

Tiraraa gina/tira sintha/

Kushe qaatha:

Ushachcha baarssiya kushe biradhdhiya haddirssa kushera duge naaqqo

Bolla/sintha/ qaatha:

som7oy tukettees.

2. Mattuma:

Kushe medho:

Issi kushen

Kushey simmiyaso:

karekko.

Kushe medhoy shemppiya bessa:

Shakalappe dhoqqu gidi haythara gina

Kushe qaatha:

kushen haytha ubaappe shakalara wodhisethi

Bolla/sintha/ qaatha:

qaaxxenna

3. Kochcha:

Kushe medho:

Ushachcha kushiyan haddirssan “S”

Kushey simmiyaso:

Ushachcha kushiya karekko haddirssa dugekko

Kushe medhoy shemppiya bessa:

Haddirssa kushiya zokko bolla

Kushe qaatha:

Ushachcha kushe yuushshidi haddirssan “S” kushiya zokko bolla woso

Bolla/sintha/ qaatha:

qaaxxenna

4. Qoro/shaakki xeelo/

Kushe medho:

Nam77u kushen

Kushey simmiyaso:

pudekko

Kushe medhoy shemppiya bessa:

Uluwaara gina/ulo sintha/

Kushe qaatha:

dugenne pude mizaane mela qaason issi kushiya duge ooso

Bolla/sintha/ qaatha:

buuchcha duge wobisses

5. Bête:

Kushe medho:

Ushachcha kushe “1” paydo haddirssa

Kushey simmiyaso:

Ushachchay karekko haddirssay dugekko

Kushe medhoy shemppiya bessa:

Tiraraa sintha /Tiraraa gina/

Kushe qaatha:

Ushachchan “1” paydo kushera haddirssa kushe gidon gelissidi ushachcha kushiya ushachchakko efo

Bolla/sintha/ qaatha:

qaaxxenna

6. Zare:

Kushe medho:

Ushachchan haddirssan “S”

Kushey simmiyasoo:

Ushachchay karekko haddirssay duggekko

Kushe medhoy shemppiya besaa:

Haddirssa kushiya zokko bolla

Kushe qaatha:

ushachcha kushiya yuushshidi haddirssa kushiya zookko bolla woso

Bolla/sintha/ qaatha:

qaaxxenna

7. Un77a/waaye/

Kushe medho:

Nam77u kushen “S”

Kushey simmiyasoo:

Nam77u kusheykka giddokko simmees.

Kushe medhoy shemppiya besaa:

ulo bolla

Kushe qaatha:

nam77aakko issippe yuusho

Bolla/sintha/ qaatha:

Ayfia guuthara qilimmidi som77uwa tukethi

8. Attonnaba /asappe naagettiyaba

Kushe medho:

Issi kushen “C”

Kushey simmiyasoo:

Karekko

Kushe medhoy shemppiya besaa:

Sinthappe miye baggara /haytha matan/

Kushe qaatha:

Sintha sugetha

Bolla/sintha/ qaatha:

Sintha /som77uwa tukethi/

9. Kiitethi:

Kushe medho:

Nam77u kushen “S”

Kushey simmiyasoo:

giddokko

Kushe medhoy shemppiya besaa:

Ushachcha kushiya sintha haddirssa tiraara gina

Kushe qaatha:

Nam77u kusheta gina duggekko wodhisethi

Bolla/sintha/ qaatha:

qaaxxenna

10. Hara/asa mootettiya asa/

Kushe medho:

Nam77u kushen

Kushey simmiyasoo:

Nam77u kushey duggekko simmees.

Kushe medhoy shemppiya besaa:

Tiraraa gina

Kushe qaatha:

nam77u kusheti sintha sugethi

Bolla/sintha/ qaatha:

qaaxxenna

SHEMPPO ICHCHASHA

SUUSANCHCHA

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Suusanchcha guussi ay guusseekko Tophphiya malaata doonan qonccissana;
- » Suusanchchatethi payatetha bolla issipetetha duussa bolla; huuphe qofa bolla ehiya metuwa Tophphiya malaata doonan qonccissana;
- » Ushanchcha gidana mela oothiyabata shaakki odana;
- » Ushanchcha gidoppe waani attaneekko kifile laggetara tobbana;
- » Ushanchchatethara gahettiya malaatata go7ettidi Tophphiya malaata doonan qawosa woga naagidi meega qofa medhdhana;
- » Ushanchchatethara oyqettiya/gahettida malaata paattana.

Timirtte shaaho Isso: Ayfe Malaatata

Ha timirtte shaahuwan tamaareti ushanchchatethara gahetethi de7iya malaatata meezetiyaba. Ha timirtte shaahuwa tamaareti shemppo Ichchashan shiiqida malaatatanne hara eriya ushanchchatethi qonccissiya malaatata meezetan mela oothite. Malaatata bessiya wode malaatata kushe medho;

kushey simmiyaso; kushe medhoy shemppiya-so; kushe qaatha; bollanne sintha qaathaa loythi kaallite.

Timirtte shaaho Nam77a: Hayzo/be7o

Nibaabeppe sintha

Nibaabeppe sintha oyshata zaaro nibaabiya gidoppe shemppuwan dumma dumma shaahotan zaarettiya gideyssen tamaareti ushanchchatethas de7iya qofa paacci be7anas giigidaba; hanikkonne nibabbiyappe sintha oyshata Tophphiya malaata doonan shiiqidayssan tamaareti loythi kushettana mala kalo ooso oothite.

Meeze Isson naagettiya zaarota

1. Nibaabiya gidдон qonccida suuse qommoti ichchasha gidishin entikka: Zima conchcha; shiisha saabo/cayisethi; sigaara cusho;alkoole/haraqe usha; benzile singgo.
2. Asay ushanchcha gididay wobbe qofan mal-las Zhima conchchi nibaabes lo77o guussana. Sigaara cuyisoy paashinne woy ha77i wode meto melatiya gisho. Shiisha go7ettey bolla poo7issees. Ganjjama asa oothees gidi qoppiya gishossa.
3. Ushanchchatethi ehiya ikkonoomme meto caates, shiishas, alkoole/haraqes dumma dummbatas kessiya biray keetha asaas geliya demisha qo-hees, payatetha metokka ehiya gisho payatethas gidi keyiya biray issi asas gidin gade ikkonoomiya qohees, suusen oyqettiya asi oosuwa wogara

polanas dandda7enna gisho issi asa gidi gadiya demmanaw koshshiya demisha demmonan attees.

4. Ushanchchatethi ehiya ikkonooome metota geysati asi darssidi sigaara cushshoy methoyiya ushata ushshi shemppiya bolla kifileta bolla mallas: goofina hargge, tire hargge ganjje hargge h.h.m ehees.
5. Ushachcha asi issipetetha gahetethas minnenna guussi keetha asay laalettes, wodiya wogara go7ettenna gisho issipetetha gahetethan kushettokkona. Hayssappe aadhdhidi oosoppe goodettana mela oothanaw dandda7iya gisho woosos woy kaysosne worandzo oosos gathanas dandda7iya gisho
6. “Akilog” paatida suusanchchatethi ehiya kaha bolla gathiya metota suusera oyqethida asas doonanne ma7o xiqqissiya gisho; ikkonooome/demisha qohiya iddire, yaagano, uqqube h.h.m issipetetha gahetetha oossta oothenna gisho hessappe aadhdhidi keetha asaa looytha medhdhiyabaanne dumma dumma kaha bolla meto ehees.
7. Ushachcha gidenna mela woy suusen oyqettenna mela suusera de7iya laggeppe pyqqennan aqo/qohiya gade wogata nne iita qofata digonne harata dumma dumma bessan tamarso koshshees.

Timirtte shaaho Heedza: Haasaya/qonccisethi

Meeze Nam77appe naagettiya zaarota

Ha meeziyan tamaareti meega qofata qofa akeekidi Amaarathon peeshoti dumma dumma bessan gelishin dumma dumma malaatati de7oosona. Koshshiya malaatata bessanaw dandda7iya gidikkonne meega qofati aathiya kiitaa/ oyqqida qofaa asttamaarey tamaaretas qonccissidi tamaareti dumma dumma malaatata bessana mela minthethonne tamaaretara issippe ooso koshshees.

Meeze Heedzan naagettiya zaarota

Ha meeziyan tamaareti meeze nam77an imettida mallata be7idi imettida malaatata qonccissiya qaalata go7ettidi entta geluwa mela dummayiya meega qofata medhdhana mela minthetho koshshees.

Meeze Heedzan naagettiya zaarota

Asttamaarey ha meeziyan tamaareti imettida malaatata qonccissiya qaalata go7ettidi pantta meega qofata medhdhana mela minthetho.

Meeze Ichchashan naagettiya zaarota

1. Hargge

Kushe medho:

Issi kushen “5” paydo

Kushey simmiyasoo:

haddirssakko

Kushe medhoy shemppiya besaa:

Som77uwas miyera

Kushe qaatha:

giddo biradhdhiya sintha keson som77uwa miyera yuusho

Bolla/sintha/ qaatha:

qaaxenna

2. Huuphe qofa/yyuushshi qofa/

Kushe medho:

Ushachcha haddirssan

Kushey simmiyasoo:

Ushachchay haddirssakko; haddirssay kareeko

Kushe medhoy shemppiya besaa:

Tiraara gina

Kushe qaatha:

Haddirssan kushiya gidduwa ushachcha kushiyan miyera gaso

Bolla/sintha/ qaatha:

qaaxenna

3. Mathoyiya ushsha

Kushe medho:

Issi kushen

Kushey simmiyasoo:

haddirssakko

Kushe medhoy shemppiya besaa:

Metershsha bolla

Kushe qaatha:

adde birdhdhiya metershsha ginan ush-
achchanne haddirssa qaaso

Bolla/sintha/ qaatha:

doonay guuthara dooyettees.

4. *Ha77i wode*

Kushe medho:

Ushachcha kushen haddirssa

Kushey simmiyasoo:

nam77u keshey pude

Kushe medhoy shemppiya bessa:

Tiraara gina

Kushe qaatha:

Ushachcha kushiyara metershsha bochchidi
haddirssa kushe pude zaari gorppethi

Bolla/sintha/ qaatha:

doonay shiiqidi guuthara sintha kessa

5. *Pana doga*

Kushe medho:

Issi kushen nam77u paydo

Kushey simmiyasoo:

ushachchakko

Kushe medhoy shemppiya bessa:

Som77uwa bolla

Kushe qaatha:

maliya biradhdhera som77uwa bochchidi
shiridi giddo biradhdhiya som77on woso

Bolla/sintha/ qaatha:

Ayfe qimethi

6. *Maduntha*

Kushe medho:

Ushachcha kushey oyqethida “9” paydo;
haddirssa kushiya “S”

Kushey simmiyasoo:

dugekko

Kushe medhoy shemppiya bessa:

Haddirssa kushiya zokkuwan bolla

Kushe qaatha:

madunthi poqethida mela qaaso

Bolla/sintha/ qaatha: qaaxenna

7. *Ganjaama/shenaama/*

Kushe medho:

Ushachcha kushe “S”

Kushey simmiyasoo:

giddoko

Kushe medhoy shemppiya bessa: tiran

Kushe qaatha:

“S” kushiya tira bolla zaari zaari shociyada
ooso.

Bolla/sintha/ qaatha:

Tiraa sinthakko sugibesoo

8. *Mezeto/eretethi/*

Kushe medho:

Ushachcha kushe “1” paydo nne “S”

Kushey simmiyasoo:

giddoko

Kushe medhoy shemppiya bessa:

Som77uwa bolla nne tira bolla

Kushe qaatha:

som77uwa tirako wodhisethi/duge ooso/

Bolla/sintha/ qaatha:

qaaxenna

Mise

Phalqe

- | | | | |
|-----------------|------------|--------------|------|
| 1. Eko | imo | digo | |
| 2. Hargganchcha | sahettiya | asa | paxa |
| 3. Ooso | polo | oothennan | ixo |
| 4. Zambbo | mino | shugo/azalla | |
| 5. Meezetidaba | erethidaba | ooratha | |

Qofa qonccisethanne qofa eko dandda7a

Ha timirtte shaahuwan tamaareti cugan tobbiyanne
tobbida bessata shiiqida pantta tobbaa muruuta
shiishana. Hanikkoka ubba tamaareti kushettana
mela minthetho koshshees. gujjidikka aliya mela
zaaro immonn tamaareta kaalliya oosoo denthetha-
na melanne geedaretetha qofi daana mela oothite.

SHEMPPO USUPPUNA

ASAPPE ASAKKO AADHDHIYA HARGGETA

Ha shemppuwa tamaridappe
guye demmana muruutati

**Tamaareti ha shemppuwa tamaridaape
guye:**

- » Asappe asakko aadhdhiya harggeta aybate-
tha Tophphiya malaata doonan qonccissa-
na;
- » Asappe asakko aadhdhiya harggeti waanidi/
ay ogera aadhdhiyakko Tophphiya malaata
doonan paati odana
- » Panttana asappe asakko aadhdhiya harggi-
yappe waati naaganeekko Tophphiyamalaa
doonan paatti odana;
- » Asappe asakko aadhdhiya harggeti issippe-
tetha duussaa bolla ehiya metota shaakka;
- » Asappe asakko aadhdhiya harggetara
gahetethi malaatata go7ettidi meega qofa
malaata doonan qawosa woga naagidi
medhdhiana
- » Asappe asakko aadhdhiya harggetara gahet-
tiya malaatata paatana

Timirtte shaaho Issa

Ha timirtte shaahuwan tamaareti harggetara ga-
hetethi de7iya malaatata meezetana. Ha timirtte
shaahuwan tamaareti shemppo usuppunan shiiqida
malaatatanne hara eriya asappe asan aadhdhiya
hargge qonccissiya malaatata meezetana mela
ooso. Malaatata bessiya wode malliya kushe
medho; kushe qaaqay simmiyasoo; kushe medhoy

shemppiyasoo; kushe qaatha; sinthanne bolla qaa-
tha loythi kaalo koshshees.

**Timirtte shaaho Nam77a:
Hayzo/be7o**

Nibaabiyappe sinthan oyshchiya oyshata

Nibaabiyappe sintha oyshshata zaaro. Kumetha
shemppuwa gaathi gakkishe zaaretana. Nibaabi-
yappe sintha oyshati shiiqida gaasoy tamaareti ha
kaaraa ay mela akeeki de7iyaakko yiggi xeella
assinne ay ogera tamarssaneeko be7anaassa.

Meeze Issowan naagettiya zaarota

1. Oshinchchi harggiya hargganchchappe paxak-
ko aadhdhiyay peenora/carkkora/.
2. Tobba gidдон shiiqida asappe asakko aadh-
dhiya harggeti laappuna gidishin enttikka:
oshinchcha, goofina hargge, Echchi-Ay-Vii/
Eedise, Ibola, utiso hargge _____nne
tayfoode hargge.
3. Goofina harggey aadhdhiyay tabekkilozi giya
bakiteeriya gaason hargganchchappe paxa
asaakko aadhdhees.
4. Goofina harggiya aatheey bakteerey tuber klooz
geetettes.
5. 5. Iboola harggey aadhdhiyay ogetan gahe-
tethan; peenora, harggiyaara oyqethida asi
go7ettida miishshata go7etethanne h.h.m
6. Asappe asakko aadhdhiya harggeta teqqanaas
dandda7iya buzoinne heera geeshatetha
naagon; geeshatetha naagidi katha muussan;
oshinchchanne goofina harggetan asata qufis-

sishinne hadhdhishishin doonanne siidhe maarabera kamonne h.h.m

7. Tobban dendidida peenora /carkkora / harg-ganchchappe paxakko aadhdhiya harggeti heedza gidishin hessatikka: goofina hargge, oshinchcha, Iboola.

Meeze nam77appe naagettiya zaarota

Ha meezetan tamaareti pantta tobbaa ayfe qofa ki-file tamaaretas shiishana. Pantta tobbaa muruutaa shiishshiya wode shiishiya qonccissuwa baaso oothidi oysha oyshon kaaraaba gujja eri daana mela oothees.

Timirtte shaaho Heedzappe: Hayzo/be7o

Meeze Heedzan naagettiya zaarota

Asttamaarey ha meezia bolla tamaareti imettida malaatata bessiya qaalata go7ettidi panttaw mega qofata oothana mela minthetho.

Meeze oyddan naagettiya zaarota

1. Suusanchchata
suusanchch – ta (suuse + polo + masara)
2. Hargganchchata
hargganchcha –ta (hargge + polo + masara)
3. Aathiyayssata
aathiyssa –ta (aaso + polo)
4. Ammaneeethan
amano – tetha (amino + polo)
5. Bakteereta
bakteere – ta (bakteere + masara)

Issi mela gididda daro bakteereta qonccissanaas bakteere giya malaata nne daro giya malaata go7ettanaas dandda7ettishin dumma dumma gididi daridi de7iya bakteereta qonccissanaas qassi bakteere giya malaatanne dumma dumma giya malaataa go7ettanas koshshees.

Qaalata/ malaatata dumma dumma soometi de7i-yanne sometikka: qaalas issi issi wode gididonne wurssethan gidanaw dandda7iya gisho qommon shiiqida meezetanne meezeta oyshetda oyshata zaarota malla udidi paati odana.

Meeze Ichchashan naagettiya zaarota

1. Bakteeriya

Kushe medho:

ushachcha kushe “B” haddirssa qassi

Kushe medho:

ushachcha gugekko haddirssa ushachchakko

Kushe medhoy shemppiyaso:

tiraara gina /tira sintha/

Kushe qaatha:

Ushachchan “B” kushe malliya biradhdhe baggara haddirssa qaaqa katissidi qaathishee sinthakko ooso

Bolla/sintha qaatha:

qaaxenna

2. Vayrese/bayrese

Kushe medho:

Ushachcha kushe “V” haddirssan

Kushey simmiyaso:

Ushachcha kushey duge haddirssay ush-achchakko

Kushe medhoy shemppiyaso:

tiraara gina/tira sintha

Kushe qaatha:

ushachcha “V” kushiya malliya biradhdhe baggara haddirssa kushiya qaaqan katissidi sinthakko efo

Bolla/sintha qaatha:

qaaxenna

3. Iitidaba /anqqasha

Kushe medho:

Issi kushen “5” paydo

Kushey simmiyaso:

dugekko

Kushe medhoy shemppiyaso:

buuchchan

Kushe qaatha:

kushiya qaathishe haddirssakko efo

Bolla/sintha qaatha:
qaaxenna

4. Geeshshatetha

Kushe medho:
Nam77u kushen
Kushey simmiyasoo:
Ushachchay dugekko haddirssay pudekko
Kushe medhoy shemppiyaso:
tiraara gina
Kushe qaatha:
Ushachchay kushey haddirssan kushiya
qaaqa bolla masqqatho wothidi ushachcha
kanchche sinthakko sugethi
Bolla/sintha qaatha:
qaaxenna

5. Tegetha

Kushe medho:
nam77u kushen “S”
Kushey simmiyasoo:
duge
Kushe medhoy shemppiyaso:
haddirssa hashiya gina
Kushe qaatha:
Nam77u “S” kusheta miyera gathidi haddirssakko sugetha
Bolla/sintha qaatha:
Som77uwa tuketha

6. Naagetetha

Kushe medho:
Nam77u kushen
Kushey simmiyasoo:
Ushachchay haddirssakko;
haddirssay qassi Ushachchakko
Kushe medhoy shemppiyaso:
Tiraara gina/Tiraa sintha
Kushe qaatha:
Nam77u kusheta issippe wothidi yuusho
Bolla/sintha qaatha: som77o tukethi

7. Aakime

Kushe medho:
ushachcha kushen haddirssan qassi “S”
Kushey simmiyasoo:
Ushachcha dugekko;
haddirssan qassi pudekko
Kushe medhoy shemppiyaso:
haddirssa kushe saate qachchiyaason
Kushe qaatha:
Ushachchan kushe haddirssan gakettiya bes-
sa oythan dugenne pude ooso
Bolla/sintha qaatha:
qaaxenna

8. Dhale

Kushe medho:
ushachcha kushe “S” paydo haddirssa qassi
Kushe simmiyasoo:
Ushachchau dugekko haddirssa pudekko
Kushe medhoy shemppiyaso: haddirssa kushe
qaaqan
Kushe qaatha: Ushachcha kushiya gidдон
biradhdhiya haddirssa kushiya qaaqa bolla
wothidi yuusho
Bolla/sintha qaatha:
qaaxenna

Meeze Usuppunan naagettiya zaarota

Giiga hanotan malaata doonan qofa qonccissan-
aw ha timirtte shaahuwa eroy daro koshshiyaaba.
Hanikkoka oyshata zaaranaappe sintha oyshatappe
bollara shiiqida qonccisetha wogara nabbaba-
na melanne qoncce gidennabaaoychchana mela
minthetho koshshees.

1. Malaata doonan besa mallanas go7ettiya
hiillata odo. Mallas: matan de7iyaaba malla-
nas /bessanas he miishiyakko malon go7ettiya
gidishin guutha haakkiyaaba besa nu kushi-
yaara ginan de7iya besa go7ettoos.
2. Malaata doonan matan de7iyanne matan
de7enna woy keethaawa/ keethayiw bes-
sananas go7ettiyay kushe qaathanne qoncciso
go7ettethan.

3. Malaata doonan daro /masaraba/ mallanas /bessanas go7ettiya hiillati malaata zaari zaari besana. Mallas: me77is giya malaata zaari zaari oothikko mentherethis. Qanxis geysa qassi qanxerethis; mitha giya malaata kushe qaatha zaari zaari bessikko mithata woy wora gidees.
4. Malaata doonan qawosa wogan sintha kushe ekkiyssati/ayfe yohoti/ bessanne masaratetha. Mallas: sinthan de7iya besa; sintha wodenne aadho wode bessanaas guye bagga de7iya bessanne aadho wode bessishin miyen de7iya besa go7etetha haray qassi kallidi/mata wode hananaba bessees.
5. Issi malaata doonan odettiya asi hanidaba /aadho wode woy sintha wode bessanas go7ettiya bessay sinthan de7iya besa gidanas koshshees. mallas: sinthappe, wontto, wonttipe h.h.m

Qofa ekonne qonccisetha dandda7a

Ha ooson kifile tamaareta oyddu cugan shaakkite. Heedzu cugati pantta kaappuwa baggara pantta tobbaa taarikiya shiishshana mela oothite. Wurssetha cugay heedzu cugay shiishhida ayfe qofata qofiso oyqetha heedzu cugata mino bagganne daabura bagga shiishshana mela oothite. Suure gidida besa, wodenne masaratetha go7etetha gujjidikka qofiso oyketha dan77anana mela qonccison odon kale ooso oothite.

SHEMPPO LAAPPUNA

ECHCHI-AY-VII/EEDISE

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Echchi-Ay-Vii/Eedise aybatetha Tophphiya malaata doonan qonccissana;
- » Echchi-Ay-Vii/Eedisey aadhdhiya ogetanne Echchi-Ay-Vii/Eedisin oyqettenna mela oothiya naagetetha Tophphiya malaata doonan qonccissana;
- » Echchi-Ay-Vii/Eedisey issipetetha duussaa bolla ehiya metota qonccissi odana;
- » Echchi-Ay-Vii/Eedisera gahetethi de7iya malaata go7ettidi malaata doonan qawosa woga naagidi meega qofa medhdhana;
- » Dumma dumma Echchi-Ay-Vii/Eedisera gahetethi de7iya malaata paattana;

Timirtte shaaho Issa:

Ha timirtte shaahuwan tamaareti Echchi- Ay- Vii/ Eedisera gahetethi de7iya malaatata nne hara eriya Echchi- Ay- Vii/ Eedise qonccissiya malaatata meezetethana mela oothite. Malaatata bessiya wode malaata bessiya kushe medho; kushey simmiyas; kushe medhoy shemppiyaso; kushe qaatha; bolla/sintha qaatha wogara/ koshshiya mela qaaxxeysa loythi kaalo koshshees.

Timirtte shaaho Nam77a:
Hayzo/be7o

Nibaabiyyappe sinthan oyshata oyshata

Nibaabiyyappe sintha oyshatas zaaro immonne shemppuwan dumma dumma shaahotan zaaro demmiyaaba gideyssen tamaareti Echchi- Ay- Vii/ Eedise harggiya aybatetha shaakki eriyaakko paac- ci be7os giidaaba; gidikkoka nibaabiya nabba- banappe sintha oyshata malaata doonan oyshata oyshonne tamaareta barkkana mela nne kahattidi kaallana mela minthetho koshshees.

Meeze Issowan naagettiya zaarota

1. Zareppe zarekko aadhdhiya harggeti nam7an shaaketosona. Hessatikka: akkamettin paxi- yanne akamettin paxiyanne akamettin paxonna harggeta.
2. Nibaabay gidдон paatettida zerethara aadhdhi- ya harggeti usuppuna. Enttika
3. Eko-geloppe sintha asho gahetetha oothennan ago; issoy issinnira wol ammanttidi issippe ga- hetethi; ocobata konthe gahetetha ago; suutha asas immanaappenne ekkanaappe sintha beso; konddome wogara go7etethi , achcha miiqonne buuchcha meediyaaba kothe go7etetha ago; qohiya gade wogatanne heera aakimiya asatan go7ettennan ago; payatetha naago timirttiya ubba heeran tamarso.
4. Echchi- Ay- Vii/ Eedisin oyqetida asa bolla beettiya mataata , bolla deexotetha, guuxete- tha, ageenappe aadho dhaletthin paxenna bolla mishanne qofa hargge, bolla gidдон de7iya xii7e ordethi, goofina harggeta h.h.m

5. Echchi- Ay- Vii/ Eedisey hargganchcha asappe paxa asakko dariya kushey aadhdhiya ogey asho gahetetha gaasona.
6. Echchi- Ay- Vii/ Eedisey aadhdhenna ogetii: issippe mussan, ushashan, sheesha keetha kutte go7etethan, issippe duussan, issippe kaassan h.h.m
7. Echchi- Ay- Vii/ Eedisen oyqettida asatas oosethiya /dhaletthiya/ dhaley baawa. Gidoppe attin elle Eedise hargganchcha oothenna dhaley de7ees. Hessa gishin Echchi- Ay- Vii giya bay-resey Eedisekko elle laamettonna mela imettiya dhalen de7ees.
8. Harggey daranna /dalggana / mela daro meto gidiya azina gelennaashin addera aqon de7iya asata gaason derishe beettis, ooso dhayin coo bessan duussa, harggiya iitatetha era dhayon h.h.m
9. Echchi- Ay- Vii/ Eedisey Alamen erettiday aw-roppe qoodan 1981 M.L ppe ha baggana.
10. Echchi- Ay- Vii/ Eedisey aadhdhenna ogeta odiyann mentho laappunaana.

Meeze Nam77an naagettiya zaarota

Ha meezen tobbaa dandda7ana tamarssiyabaa gidiya gisho maaran maaran tobbiyayssa, kaarap- ppe keyonnayssa, kushshiya malaatata go7ettiyyssa kaallite. Gujjidikka entta tobbas zaaro imon tama- areti tobbaa maade akeekana mela oothite.

Timirtte shaaho Heedza: Haasaya/qonccisetha/

Meeze Heedzappe naagettiya zaarota

Asttamaarey ha meeziyan tamaareti imettida malaatata qonccisiya qaalata go7ettidi panttaw meega qofa medhdhana mela minthetho.

Meeze Oyddan naagettiya zaarota

1. Dhantha dhantho

Kushe medho:

Issi kushen “1”

Kushey simmiyaso:

pudekko /pude bagga/

Kushiya medhoy shemppiyaso:

tiran

Kushe qaatha:

malliya biradhdhiya duge udidi qoodhiya dugekko ooso

Bolla/sintha/qaatha:

qoodhiya tiraakko ziqqi gidi doonan dham- miya mela ooso

2. ጩብጥ

Kushe medho:

Issi kushen

Kushey simmiyaso:

karekko

Kushiya medhoy shemppiyaso:

haytha matan/haytha bolla/

Kushe qaatha:

haytha xaphoppe shakalakko ooso

Bolla/sintha/qaatha:

qaaxenna

3. Qixinne

Kushe medho:

Issi kushen

Kushey simmiyaso:

giddokko

Kushiya medhoy shemppiyaso:

haytha matan

Kushe qaatha:

haytha xaphoppe shakalakko ooso

Bolla/sintha/qaatha:

qaaxenna

4. ባምብ-ሌ

Kushe medho:

Ushachcha kushiyan haddirssan 1 paydo

Kushey simmiyaso:

Nam77u kushiya dugekko

Kushiya medhoy shemppiyaso:

haddirssa malliya kusheya dugekko

Kushe qaatha:

haddirssa malliya kushey ushachcha kushiya
adde biradhdhiya baggara qaachcha

Bolla/sintha/qaatha:

qaaxenna

5. hCñC

Kushe medho:

Ushachcha kushiyan haddirssan 1 paydo

Kushey simmiyaso:

Nam77u kushiya dugekko

Kushiya medhoy shemppiyaso:

haddirssa malliya kusheya dugekko

Kushe qaatha:

haddirssa malliya kushey ushachcha kushiya
adde biradhdhiya baggara qaachcha

Bolla/sintha/qaatha:

qaaxenna

6. Seele

Kushe medho:

Ushachcha kushiyan “C” haddirssan qassi
“S”

Kushey simmiyaso:

Ushachchay haddirssakko haddirssay qassi
podekko

Kushiya medhoy shemppiyaso:

haddirssa kushey qesiya bolla

Kushe qaatha:

Ushachcha “C” kushey haddirssa kushiya
qesiya bolla dugenne pude qaaso

Bolla/sintha/qaatha:

qaaxenna

7. Oothi be7o keetha

Kushe medho:

Nam77u kushen

Kushey simmiyaso:

karekko

Kushiya medhoy shemppiyaso:

Issi ayfe bolla

Kushe qaatha:

Nam77u woli bolla wothidi ayfiya bolla
wothidi yuusho

Bolla/sintha/qaatha:

Issi ayfiya qilinthi

**8. Issi qommo matumi gahetethi /addey
addera; macci maccara gahetethi/**

Kushe medho:

Nam77u kushen “L”

Kushey simmiyaso:

Ushachcha haddirssakko haddirssay qassi
Ushachchakko

Kushiya medhoy shemppiyaso:

tiraara gina;

tiraa gakennan

Kushe qaatha:

Ushachcha kushe sintha guye ooso

Bolla/sintha/qaatha:

qaaxenna

9. Go7etetha

Kushe medho:

Issi kushen “U”

Kushey simmiyaso:

giddokko

Kushiya medhoy shemppiyas Tiraa ginao:

Kushe qaatha:

yuusho

Bolla/sintha/qaatha:

qaaxenna

10. Qofa qasho

Kushe medho:

Nam77u kushiyan “5” paydo

Kushey simmiyaso:

Sintha gina

Kushiya medhoy shemppiyaso:

som77o bolla

Kushe qaatha:

maliya biradhdhiyara som77uwa bochchi-di woy “9” paydo malaata medhon tirakko wodhisethi

Bolla/sintha/qaatha:

qaaxxena

Meeze Ichchashan naagettiya zaarota

Astamaarey ha meeziyan tamaareti immida mallata baaso oothidi panttaw waatha malaatata medhdhana mela minthetho koshshees. hayssappe garsan paatethida Tophphiya malaata doonan waatha malaatati lo77o malla gidanaw dondda7oosona.

1. Zo7o + Ancciyaaba = Timatime
2. Macca + Kawo = Kawiw
3. Zo7o + Xaafu = Iskkirito
4. Kareetha + Garssa bagga = Kuye
5. Huuphe/ayfe + Katama = Gita Katama
6. Adde + Eko/qalbate/ = Azina
7. Macca + Gelo/qalbate/ = Machcho
8. Bootha ገ+ _____ + anccetha = Shunkuruuto
9. Adde + Paw = paw/machcho ekkonan de7iya adde/
10. Macca + paw = paw gelenna de7iya malla.

SHEMPPO HOSPPUNA

BOLLA KIFILE PACETETHA

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Bolla kifile pacetetha aybatetha Tophphiya malaata doonan qonccissana;
- » Bolla kifile pacetetha qommota paatti odana;
- » Bolla kifile pacetethas gathiya gaasotanne bolla kifilen metoy gakkenna mela waati teqqanas dandda7iyakko Tophphiya malaata doonan paatti odana;
- » Dere asas bolla kifile pacetetha bolla ay mela qoppiyakko dirama /kaassan/ bessana;
- » Bolla kifile pacetethara gahetethi de7iya malaatata go7ettidi malaata doonan qawosa woga naagidi meega qofa medhdhite;
- » Bolla kifile pacetethara gahetethi de7iya malaatata paatana;

Timirtte shaaho Issa: Ayfe Malaatata

Ha timirtte shaahuwan tamaridappe bolla kifile pacetethara gahetethi de7iya malaatata meezetiyba. Ha timirtte shaahuwan tamaridappe shemppo Hosppunan shiiqida malaatatanne hara eriya bolla kifile pacetetha malaatata meezetana mela ootite. Malaatata bessiya wode malliya kushiya medho; kushey simmiyas; kushe medhoy shemppiyaso; kushe qaatha; sintha woy bolla qaatha wogara kaallite.

Timirtte shaaho Nam77a:
Hayzo/be7o

Nibaabiya sinthan oychchiya oyshata

Nibaabiya sintha tamaridappe zaaro nibaabiya giddoninne shemppuwa dumma dumma shaahotan zaariyaba gideyssa tamaridappe bolla kifile pacetethabaa ay mela akeekiyakko nibaabiya sintha oyshata Tophphiya malaata doonan shiishonne tamaridappe barkkidi kaallana melanne kushettana mela minthetho koshshees.

Meeze Issowan naagettiya zaarota

1. Nibaabiya giddon laappun qommo bolla kifile pacetethi paatethis.
2. Bolla kifile pacetetha gaasoti asi oothidaba nne medheta metotanne gaasoy erettannan bolla kifiley pace gididi yeleytteyssa.
3. Zaari giigiso guussi bolla kifile pacetethara de7iya asata dumma dumma kale ooon entta metuwa guuxixethi guussi.
4. Yelettanaappe sinthe bolla kifile pacetethi guussi wodetha wodeninne aaye bolla gakkinya dumma dumma metota gaason; wodethan dishishee ushsha/mathoyiya / ushshata daro ushshan h.h.m yelettiya na7ay bolla kifile pace gididi yelettanas dandda7ees.
5. Bolla kifile pacetethas gaaso gidanaw dandda7iya asi oothiya metotoi: dhuuqqiyaba, dhoqqa bessappe kunddetha, kaame meto, di7o, tama h.h.m

Meeze Nam77an naagettiya zaarota

1. C
2. A
3. B
4. D

Meeze Heedzan naagettiya zaarota

Ha timirtte shaahuwan shiiqida tobba oyshata zaaroy tamaareta cuga tobba bolla /entta muruuta/ bolla katidi zaarettees. Ha timirtte shaahuwa qoppobay tamaareta tobba dandda7a dichchanaasa gidiya gisho ubba tamaareti gina kushettanan tob-bana mela; maara naagidi odettana mela odite.

Timirtte shaaho Heedza: Hasaya/qonccisethi

Meeze Oyddan naagettiya zaarota

Astamaarey ha meeziyan tamaaretas immiya malaatata qonccissiya qaalata go7ettidi panttaw meega qofa medhdhana mela oothite.

Meeze Ichchashan naagettiya zaarota**1. Guuthara xeelliya ayfe**

Kushe medho:

Issi kushen dakkottida

Kushey simmiyaso:

giddokko

Kushe medhoy shemppiyaso:

ayfe gina

Kushe qaatha:

biradhdheta xeera ayfiya ginan wothidi ush-achchane haddirssa qiphiqphi xeelo

Bolla/sintha qaatha:

ayfiya guuthara qilimethi

2. Xeelonne sissa ixo

Kushe medho: Ushachcha kushen haddirssan “2”

Kushey simmiyaso:

ushachcha kushey haddirssakko; haddirssay qassi giddokko

Kushe medhoy shemppiyaso:

haddirssa kushiya ayfiya ushachcha haythaa bolla

Kushe qaatha:

haddirssa kushey ayfe bolla wothidi duge wobiso ushachchaa haythappe doonakko ehidi doona bolla woso

Bolla/sintha qaatha:

ayfe qilimethi

3. Haasaya /odetethi/

Kushe medho:

Issi kushen baariya mela ooso

Kushey simmiyaso:

giddokko

Kushe medhoy shemppiyaso:

doonaara gina

Kushe qaatha:

doonaara gina oothidi adde biradhdhiya hara biradhdheta bolla woso

Bolla/sintha qaatha:

doonay kushiya kaallidi qaaxees

4. Meto

Kushe medho:

Nam77u kushen qumbbayidi

Kushey simmiyaso:

ushachcha haddirssakko ;

haddirssa ushachchakko

Kushe medhoy shemppiyaso:

tiraa sinthan tiraa gakkennan

Kushe qaatha:

Nam77u kushiya maaran maaran gertto medho

Bolla/sintha qaatha:

qaaxxenna

5. Kaha

Kushe medho:

Issi kushen qumbbatiya

Kushey simmiyaso:

dugekko

Kushe medhoy shemppiyaso:

som77uwan

Kushe qaatha:

degenne pude qaaso

Bolla/sintha qaatha:

qaaxenna

6. *Issuwa Issuwa bolla woso*

Kushe medho:

Nam77u kushen

Kushey simmiyaso:

Nam77u kusheti duge

Kushe medhoy shemppiyaso:

Tira bolla

Kushe qaatha:

taran taran issi kushiya hankkuwa bolla woso

Bolla/sintha qaatha:

qaaxenna

7. *Haytha maaddiya miisha*

Kushe medho:

Issi kushen “X”

Kushey simmiyaso:

karekko

Kushe medhoy shemppiyaso:

haytha bolla

Kushe qaatha:

“X” kushe haythappe bollan wothidi pude yuusho

Bolla/sintha qaatha:

qaaxenna

8. *Bessappe hara bessa efiya oyde/*

Kushe medho:

Nam77u kushetan “S” nne “5” paydo

Kushey simmiyaso:

gina

Kushe medhoy shemppiyaso:

uluwara gina

Kushe qaatha:

uluwappe miyera kushiya oykkishe “S” sintha miccethi

Bolla/sintha qaatha:

qaaxenna

9. *Kiranchche*

Kushe medho:

Ushachcha “B” haddirssa “S”

Kushey simmiyaso:

giddokko

Kushe medhoy shemppiyaso:

shophphian

Kushe qaatha:

Ushachcha “B” kushe shophpha gidдон wothidi haddirssaa “S” kushe duge naaqqo

Bolla/sintha qaatha:

kushe qaathaa kaallidi hashe miyekko wobi-so

(Qohittida bessaa mela malliya heeray dum-matanaw dandda7ees. Qohettiday haddirssa gidikko malaataa haddirssan besettees; qohettiday ushachcha gidikko ushanchchaana.)

10. *Bootha /Xam77a/ayfe metoy de7iya asi go7ettiyaba/*

Kushe medho:

Issi kushen “1” paydo

Kushey simmiyaso:

dugekko

Kushe medhoy shemppiyaso:

uluwara gina /uluwa sinthan/

Kushe qaatha:

malliya biradhdiya dugeko yeddidi haddirssanne ushachcha qaaso

Bolla/sintha qaatha:

ayfiya qilinthe

Meeze Usuppunan naagettiya zaarota

Ha meeziyan tamaareti suure gaazexanchcha nne payatetha eranchcha; gaazexanchcha bolla kifilen metoy de7iya asa keetha asaa bolla kifilen metoy de7iya shooro asa h.h.m suure entti bessiyakand-duwa qonccisiyassata suure kiitaa aathyssa, suure malaata doona go7etteyssa maara naagidi tob-beyssa be7idi sinthappes lo77o ooso oothana mela entta oosuwa kale qofa imon minthetho koshshees.

Meeze Laappunan naagettiya zaarota

Ha meeziyan tamaareti dumma dumma zaarota shiisho dandda7oosona, hanikkonne zaaroti gars-sara de7iyssara issi mela woy issi mela gidenna ixnanaw dandda7ees.

1. Iya taas immasu /Iya geyssa malaata oothi immo giya malaatay kareppe paakko oothi beso/
2. Taani iyas immas/ malaatay paappe gede ha-nees/

3. Kabbad pa laggias immis/ lagge giya malaatata paappe guye K-a-b-a-d-I geyssa biradhdhen pidale bessidi imo geya malaata haddirssappe ushachchakko ooso/
4. Almaaza enttas immasu/A-l-m-a-z-a geyssa biradhdhe pidalen bessidi imo geyssa malaata haddirssappe ushachchakko zaari zaari ooso/
5. Astamaarey tamaaretas immis/ Astamaare geyssanne tamaare geyssa malaata oothidi/ medhdhidi/ imo geyssa malaata zaari zaari ooso.

SHEMPPO UDDUFUNA

ERETTIDA HIILLANCHCHATA BUZO/HUUPHE TAARIKE/

Ha shemppuwa tamaridappe
guye demmana muruutati

**Tamaareti ha shemppuwa tamaridaape
guye:**

- » Dumma dumma huuphe/buzo taarikiya akeekidi kifile laggetas Tophphiya malaata doonan odana;
- » Hiillanchcha aybatethanne qommota qonccissana;
- » Hiillanchchati gades immiya go77aa cugan tobbon kifile laggetas Tophphiya malaata doona bessana;
- » Sissa metoy de7iya hiillanchchata buzo taarike shiishana;
- » Hiilla nne hiillanchchara gahetethi de7iya malaatata go7ettidi meega qofa malaata doonan qawosa woga naagidi meega qofa medhdhan;
- » Hiillanne hiillanchchara gahetethi de7iya malaatata paatana;

Timirtte shaaho Issa: Ayfe
Malaatata

Ha timirtte shaahuwan tamaareti shemppo uddufunan shiiqida malaatata meezetana. Ha timirtte shaahuwan tamaareti shemppo uddufunan shiiqida malaatatanne hara eriyaa erettida hiillanchcha-

ta huuphe taarike qonccissiya malaatata erana / meezetana/ mela oothite. Malaatata bessiya wode malliya kushiya medho; kushey simmiyasoo; kushe medhoy shemppiyasoo; kushe qaatha/bolla qaathaa wogara kaallite.

Timirtte shaaho Nam77a:
Hayzo/be7o

Nibaabiyappe sinthan oychchiya oyshata

Nibaabiya nabbabanaappe sintha oyshatas zaaro nibaabiya gidonne shemppuwan dumma dumma shaahotan zaarettiya oysha gideyssan tamaareti erettida hiillanchchata nne eranchchata oosuwas de7iya qofaa paacci be7anas giigidaba. Hanikkoka nibaabiyappe sintha nibaabiyappe sinthe oyshata malaata doona shiiqeyssane tamaareti erettida hiillanchchatanne eranchchata oosuwa eriyanne pantaw qofettiya mela qonccissana mela minthetho koshshees.

Meeze Issowan naagettiya zaarota

1. Alame meter loorir Afworq Tekiley dumma dumma eratetha oosota. Mallas: misile ooso; mastoote ooso; qalame tiyo; dumma dumma medhota oothis.
2. Kare gade laamen Heedzu sha77un bayzikke guissan yeletas aathida misiley “Masqale Ciishsha” geetettes.
3. Hillanchcha Afiworq Tekille xuufe hiillan pa gadiyas daro Alame dethan woytettiya woytota demissidayssan; ageena bolla Tophphiya banddiray kaqettana mela oothidayssan; Axuume

hawulltiya zaarissiya cima gidi zaarana mela oothidayssan; Afirkka dere akakkiya naaquwa misile oosuwan Alame dere asaa erissidayssan nashettidosona.

4. Alame meetire hiillanchcha Afworq Tekiley mandisetethanne doona timirtte aggida gaasoy eretetha /hiillatetha timirttiya doomida gisho.
5. Alame meetir hillanchcha Loorit Afworq Tekile 1tho nne 2 tho detha timirttiya tamariday yelettida Ankobere Katamaana.
6. Artist Looret Afworq Tekiley na7atetha wodiya misile dandda7aa qonccissiyay tamarriya dawatara, warqqaten, goda bolla, h.h.m dumma dumma misileta misilona.
7. Alame meter hiillanchcha Loorit Afworq Tekiley 1954 M.L Afirkka asay walotetha duussas oothida baaxiya misilidosona.
8. Alame meter hiillanchcha Loorit Afworq Tekiley koyro pantta oosuwa Adisaaba giigiso keethan shiishidi bessi.

Meeze Nam77an naagettiya zaarota

1. Arte guussi paranjetho qaala gidishin birshe-thay eretetha guusi.
2. Hiillanchchati dumma dumma eretetha oosota oothiya asata guusa.
3. Hiilla woy hiillanchcha gididon moodetti-yayssati: misilanchcha, qalame tiya asa, yexxiya asa, duriya asa nne dumma dumma medhota.
4. Hiilla woy eratetha oosoy gadesinne oothiya asatas immiya go77ati: demisha pultto, wallotethas gade siiqotethaa gujjees.
5. Hillanchchay dere asaa siiqotethi doona mela oothay hiilla oosotan ufayson, gade siiqo yetha yethan, dumma dumma medho oosotan, gaande taarikiya yeletas aaso h.h.m

Timirtte shaaho Heedza:
Haasaya/qoncciso

Meeze Heedzan naagettiya zaarota

Astamaarey ha meeziyan tamarreti immida malaatata qonccissiya qaalata go7ettidi panttaw meega qofa medhdhana mela minthetho koshshees.

Meeze Oyddan naagettiya zaarota

1. Tiyo

1. *Tiyo /keetha qalamen/*

Kushe medho:

Issi kushen “B”

Kushey simmiyaso:

karekko

Kushe mehoy shemppiyaso:

Tiraara gina

Kushe qaatha:

dugenne pude qaaso

Bolla/sintha qaatha:

qaaxxenna

2. *Tiyo /misiles/*

Kushe medho:

kushe “U”

Kushey simmiyaso:

karekko

Kushe mehoy shemppiyaso:

Tiraara gina

Kushe qaatha:

dugenne pude qaaso

Bolla/sintha qaatha:

qaaxxenna

3. *Tiyo /camma qalame/*

Kushe medho:

Ushachcha kushen “S” haddirssan

Kushey simmiyaso:

ushachcha dugikko haddirssa metershara gina

Kushe mehoy shemppiyaso:

Kushe qaatha:

Ushachcha “S” haddirssa qaaqan pitethi

Bolla/sintha qaatha:

qoodhey kushiya kaallidi qaaxxees

4. **Tiyo /huuphe qalamen woy qibaate bolla/**

Kushe medho:

nam77u kushen “5” paydo

Kushey simmiyasoo:

gina

Kushe mehoy shemppiyaso:

Tiraara gina

Kushe qaatha: nam77u kusheta qaaqa baggara gathidi yuusho

Bolla/sintha qaatha:

qaaxxenna (qibaatey sintha tiya/som77o tiyaba gidikko malaatappe guye som77u gorppi beso ; huuphebaa gidikko huuphiya gorpethikoshshees.)

2. **Durssa**

Kushe medho:

Ushachcha kushe “V” haddirssa

Kushey simmiyasoo:

Ushachcha gidokko haddirssa pudekko

Kushe medhoy shemppiyaso:

Tiraara gina

Kushe qaatha:

Ushachcha “V” kushe ushachchanne haddirssa yuusho

Bolla/sintha qaatha:

sinthay “M” kushe kaallidi qaaxxees.

3. **Misile**

Kushe medho:

Ushachcha “I” haddirssa

Kushey simmiyasoo:

nam77u kusheti giddokko

Kushe medhoy shemppiyaso:

tiraara gina

Kushe qaatha:

Ushachcha “I” kushe haddirssa kushiya qaqa bolla qaathishe dugekko wodhiso

Bolla/sintha qaatha:

qaaxxenna

4. **Wallotethi**

Kushe medho:

Nam77u kushen “5” paydo

Kushey simmiyasoo:

Ushachcha kushey haddirssa bagga haddirssa kushey ushachcha bagga

Kushe medhoy shemppiyaso:

Tira bolla

Kushe qaatha:

biradhdheta qaaso

Bolla/sintha qaatha:

qaaxxenna

5. **Medho**

Kushe medho:

Nam77u kushen

Kushey simmiyasoo:

Nam77u kusheta karekko zaaro

Kushe medhoy shemppiyaso:

Tiraara gina

Kushe qaatha:

nam77u kusheti tira bolla gina oothidi kookkorsishee dugekko wodhisethi

Bolla/sintha qaatha:

qaaxxenna

Meeze Ichchashan naagettiya zaarota

Ha meeziyan de7iya malaatata dumma dumma bessan gelishe ehiya birshetha tamaareti meega qofay ay kiita oykkidaakko akeekidaappe guye malaatata panttaw be7anaw dandda7iya gisho issoy issoy meega qofay oyqqida geehshi oothite.

Meeze Usuppunan naagettiya zaarota

Ha meeziyan qoppobay tamaareti issi go7iya ba awappe, waatidi demmanekko; waatidi shiishanekko; waatidi malaata doonan qofa shiishshaneekko erana mela gidiya gisho ubba mallata imon, waatidi oothanekko beson ha qoppo bata polanaas loythidi kale imo koshshees.

SHEMPPO TAMMA

GINXO

Ha shemppuwa tamaridappe guye demmana muruutati

Tamaareti ha shemppuwa tamaridaape guye:

- » Ginxo aybatethaanne kandduwa Tophphiya malaata doonan qonccissana;
- » Hara doonaninne Tophphiya malaata doona ginxota gidдон de7iya issipetethaanne dummatethaa Tophphiya malaata doonan paatti odana;
- » Dumma dumma ginxota tophphiya malaata doonan shiishana;
- » Ginxo qommota paatti odana;
- » Ginxora gahetethi de7iya malaatata go7et-tidi meega qofa malaata doonan qawosa wogaa naagidi medhdhana;
- » Ginxora gahetethi de7iya malaatata paatana.

Timirtte shaaho Isso: Ayfe Malaatata

Ha timirtte shahuwan tamaareti ginxora gahetethi de7iya malaatata meezetoosona. Ha timirtte shahuwan tamaareti shemppo tamman shiiqida malaatatanne hara eriyaabata ginxoba qonccissiya malaatata meezetana mela oothite. Malaatata bessiya wode malliya kushiya medhuwa; kushey simmiyasuwa; kushe medhoy shemppiyaso; kushe qaathaa; bollanne sintha qaathaa loyhi kaallite.

Timirtte shaaho Nam77a: Hayzo/be7o

Nibaabiyappe sinthan oychchiya oyshata

Nibaabiyappe sintha oyshata zaaroy shemppuwan dumma dumma zarotan zaarethiyaba. Hanikkonne tamaareti eryianne panttaw malatiya zaaro zaarana mela minthetho koshshees.

Meez Nam77an naagettiya zaarota

1. Ginxoy doorettida qaala woy malaatata loyth-idinne mal7ethidi kiita aathiya oge.
2. Malaata doonan ginxoy doorettida lo77iya malaatatan shiiqiyaba gidikkonne hara xaafi shiishshiya ginxoy doorettida qaalaatan shiiqiyaaba.
3. Malaata doonaanne hara doona ginxoti nam77ankka kiita aatheysana.
4. Ginxoy malaata doonan go7ettanaw danda7etty lo77iya malaatata; beettiya malaatata go7ettidi kiita aaso danda7ishina.
5. Malaata doonaa ginxo kanddoti qonccenne waayissennan beettiya malaata go7ettidi dumma doona eri de7iya bolla qaatha kiita aaso; malaata doona dere asa woga ero, ubba wode go7ettianne ubba wode go7ettenna malaata qonccisethaa loythidi ero; koshshianne gaasoy de7iya sintha qaatha go7etethi.
6. Malaata doonappe gujjidi dere asaa wogaa loyhi era koshshees. qommon oysha Ichchshas immida paatethaa eroy kehi daro maaddees.

Timirtte shaaho Heedza: Haasaya/Qonccisethi/

Astamaarey ha meeziyan tamaareti imettida malaatata qonccisiya qaala go7ettidi panttaw meega qofa medhdhana mela kale koshshees.

Meez Oyddan naagettiya zaarota

1. *Ufayssa*

Kushe medho:

Nam77u kushe miccetha/Nam77u kushen

Kushey simmiyaso:

Nam77u kusheti giddoko

Kushe medhoy shemppiyaso: Tira bolla

Kushe qaatha:

tira pude gorppethi

Bolla/sintha/ qaatha:

sinthay pashkki gees.

2. *Kayo*

Kushe medho:

Ushachcha kushen oyqettida “S”

Kushey simmiyaso:

giddokko

Kushe medhoy shemppiyaso:

haddirssa tiran

Kushe qaatha:

Yuusho

Bolla/sintha/ qaatha:

sintha iiso/ kayo malaata beso/

3. *Eretetha / hiillatetha/*

Kushe medho:

Nam77u kushen

Kushey simmiyaso:

Nam77u kushetikka giddokko

Kushe medhoy shemppiyaso:

Tira bolla

Kushe qaatha:

Tira pude qaaqara gorppethi

Bolla/sintha/ qaatha:

sintha poo7iso

4. *Amotethi*

Kushe medho:

Nam77u kushiya malliya biradhdheta “1”
paydo

Kushey simmiyaso:

giddokko

Kushe medhoy shemppiyaso:

Tiraara gina

Kushe qaatha:

dugenne pude maaran kesonne woso

Bolla/sintha/ qaatha:

qoodhiya dhoqqu udo

5. *Suntho*

Kushe medho:

Nam77u kushe malliya biradhdheynne giddo
biradhdhiyan “U”

Kushey simmiyaso:

Ushachchay haddirssa; haddirssay giddo
simmees.

Kushe medhoy shemppiyaso:

Tira sinthan/ ginan/

Kushe qaatha:

Nam77u biradhdheta miyera issuwa issuwa
bolla woson Tiraara gina oothidi sintha
sugethi

Bolla/sintha/ qaatha:

qaaxxenna

6. *Gitayidi*

Kushe medho:

Nam77u kushen malliya biradhdhiyanne
adde biradhdhiya miccidi /billidi /”L”

Kushey simmiyaso:

gina

Kushe medhoy shemppiyaso:

Tiraara gina

Kushe qaatha:

Nam77u kushiyan adde biradhdheyne malliya biradhdhiya gathidi shaaho

Bolla/sintha/ qaatha:

gitayidayssa mela sintha qaathay dummatees.

7. *Ufayssa*

Kushe medho:

Nam77u kushen qombatiya

Kushey simmiyaso:

Ushachcha kushey haddirssakko; haddirssay
Ushachchakko

Kushe medhoy shemppiyaso:

Tiraara gina

Kushe qaatha:

bagga getto

Bolla/sintha/ qaatha:

qaaxxenna

8. *Medho*

Kushe medho:

Ushachcha kushen

Kushey simmiyaso:

haddirssa baggan

Kushe medhoy shemppiyaso:

Tiraa gina

Kushe qaatha:

kokorssishee duge wodhisethi

Bolla/sintha/ qaatha:

qaaxxenna

9. *Ooso /Polo*

Kushe medho:

Nam77u kushen

Kushey simmiyaso:

dugekko

Kushe medhoy shemppiyaso:

Tiraa sintha

Kushe qaatha:

Guyenne sintha

Bolla/sintha/ qaatha:

qaaxxenna

Meez Ichchashan naagettiya zaarota

Tamaareti cugan gididi oothana gidi naagettiya zaarota.

1. Cuga paydon kushe medhon oothiya malaatati:

Hanenna/ dandda7ettenna, sathiyaba, kareethi, worddo, tuma, ee, hashiishe, meezeto, nagara, haasaya hayssatanne harata malliya biradhdhiya kanchchen oothiya/ bessiya malaatata giigissidi dumma dumma meega qofata medhdhanas dandda7oosona.

2. Ichchashu paydon kushe medhon oosetanaw dandda7iya malaatata: kushe baqa, ililisa, salppe/maaran eqo/, kawshsha, maata, yaagano, shibshaba, ira, mitha, qasho keetha, dirssa, aawa, aayo.....

3. Kushe medho medhon oosetanaw dandda7iya malaatati: Gambeella, gedame, gannate, Goojame, Gondare, bagga, maade/go7a, ginxo.....

4. Kushe medho medhon oosetanaw dandda7iya malaatati: shaye, shuro, Zhima, siho/kushe siho kanchche/, paafirkka, koshshiyaba/important/geyssa,qonccissanas, masttiqa.....

5. Kushe baqqiya mela ooson woy “S” kushe medhouwa ooson oosettiya malaatati: ixo, teqethi, bishkilite, caamma, ooso, aykko erenna ase cashsha, kayotethi, geedaretethi, daabbo,paxo, me7o, kaame.....

Meez Usuppunan Naagettiya zaarota

Tamaareti cugan shaakettidi cugaa mela maara paydo “1-10”, “A ppe M”, “N ppe Z” de7iya biradhdhe pidaleta Tophphiya malaatata woy sintha malaatata shiishidi dawtaran xaapona kaallidi xaapida malaatata pantta wol gason dumma dumma kiiti de7iya/ timirtte immiya kaassa shiishana mela oothite. He bessankka malaata go7etetha; sintha qaathay kumetha kiita aatheyyssa kaallidi zaaro immite.